

# We can stop HIV, Iowa—

by taking a whole-person approach to our sexual health.

Get screened for HIV at least once in your lifetime, *and* request HIV screening any time you are getting tested for sexually-transmitted infections (STIs).

STIs can cause long-term health issues when left untreated. They can also increase your chances of acquiring HIV.

Getting tested for all sexually-transmitted infections is the best step you can take to protect your own health and help to stop HIV in Iowa!



Learn more at  
[stophiviowa.org](http://stophiviowa.org)



**STOP  
HIV  
IOWA**