

We can stop HIV, Iowa: by staying up-to-date on recommended screenings!

Health screenings help identify illnesses before you have symptoms. The CDC recommends:

- ▶ **All people ages 13-64** should be screened for **HIV** at least once in their lifetime.
- ▶ **Pregnant women** should be screened for HIV during **each pregnancy**.

Talk to your healthcare provider about getting screened! Unsure if you've had a screening?
Ask them to check your records.

Scan the QR code to learn more
about **HIV** screening or visit:
<https://stophiviowa.org/testing>



**STOP
HIV
IOWA**