

# We can stop HIV, Iowa: by staying up-to-date on recommended screenings!

Health screenings help identify illnesses before you have symptoms. The CDC recommends:

- ▶ **All people ages 18+** should be screened for **hepatitis B** at least once in their lifetime.
- ▶ **Pregnant women** should be screened for hepatitis B during **each pregnancy**.

Talk to your healthcare provider about getting screened! Unsure if you've had a screening?  
Ask them to check your records.

Scan the QR code to learn more about **hepatitis B** screening or visit: [cdc.gov/hepatitis-b/testing/](https://cdc.gov/hepatitis-b/testing/)



**STOP  
HIV  
IOWA**