

# We can stop HIV, Iowa— by using the prevention methods that **work best for us!**



Find a healthcare provider  
you can talk to openly about  
your sexual health.



Make HIV prevention & testing  
part of your journey.



Practice safer sex by using  
condoms correctly every time.



**Get in care. Stay in care.**

If you're living with HIV, taking your  
HIV medicine as prescribed protects  
your health and your partners.

Learn more at [stophiviowa.org](http://stophiviowa.org)

**|STOP HIV IOWA**