

# **We can stop HIV, Iowa—** by using the prevention methods that **work best for us!**



Find a healthcare provider  
you can talk to openly about  
your sexual health.



Make HIV prevention &  
testing part of your journey.



Practice safer sex by using  
condoms correctly every time.



**Get in care. Stay in care.**

If you're living with HIV, take your  
HIV medicine as prescribed to  
protect your health & your partners.

**| STOP HIV IOWA**

Learn more at  
**[stophiviowa.org](http://stophiviowa.org)**