



Let's Get **MOVING**



Live Healthy **IOWA** **10 WEEK WELLNESS CHALLENGE**

January 14 - March 22, 2019



**Fun, Healthy
Activity**



**Easy &
Affordable**



**Team Support &
Accountability**

Register Your Team Today

Live Healthy **IOWA.org**

CONNECT WITH US



888.777.8881 info@livehealthyiowa.org

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