



# *Let's Get* **MOVING**



## *Live Healthy* **IOWA** **10 WEEK WELLNESS CHALLENGE**

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January 14 - March 22, 2019



**Fun, Healthy  
Activity**



**Easy &  
Affordable**



**Team Support &  
Accountability**

Register Your Team Today

*Live Healthy* **IOWA.org**

CONNECT WITH US



888.777.8881 [info@livehealthyiowa.org](mailto:info@livehealthyiowa.org)

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