

Contact: Susan James 515-244-2145 ext. 129 or sjames@inanews.com

## **2006 INA ALL-STATE FOOTBALL TEAMS ANNOUNCED**

DES MOINES, IA - The Iowa Newspaper Association announced its 2006 All-State Football selections Wednesday, naming honorary captains in classes A, 1A, 2A, 3A, 4A and 8-Man.

Players named as captains by the committees of sports writers from around the state are:

Sports writers serving on the INA committees which made the honorary captain and team selections were: Bill Haglund, Adel Dallas Co News; Jim Gries, Oskaloosa Herald; Lori Wisner, Ocheyedon Press-Melvin News; Jeff Benson, Charles City Press; Doug Dornath, Marengo Pioneer Republican; Doug Rieder, Jefferson Herald; Matt Gengler, Missouri Valley Times; John Jensen, Oelwein Daily Register; Heidi deGier, Oelwein Daily Register; Roger Bates, Muscatine Journal; Justin Hill, Hampton Chronicle; Dan Voigt, Emmetsburg Publishing; Steve Thiltgen, Dewitt Observer; Scott Spurgeon, Bloomfield Democrat; Angie Boyd, Earlham Advocate; Jeff Dahn, Cedar Rapids Gazette; Terry Hersom, Sioux City Journal; Ashley Schable, Carroll Daily Times Herald; Randy Fink, Newspapers of Fayette County; Larry Peterson, Creston News Advertiser; Ben Fritsden Creston News Advertiser; Ken Boesenberg, Manchester Press; Scott Hollard, Mason City Globe Gazette; Don Doxsie, Davenport Quad City Times; Adam Wilson, Altoona Herald-Mitchellville Index; Andrew Potter, Newton Daily News; Brian Strom, Cascade Pioneer; Kevin White, Omaha World Herald; Kelly Beaton, Waterloo/Cedar Falls Courier; Kyle Kirby, Montzuma Republican and Brooklyn Chronicle; Ted Schultz, Clinton Herald; Mike Offner, Harlan Newspapers; Greg Granbianowski, Algona Upper Des Moines; Mike Stafford, Winthrop News; Wayne Dominowski, Sergeant Bluff Advocate, Ted Gorman, Winterset Madisonian.

The following coaches and representatives of the Iowa Football Coaches Association assisted with statistical information: Ken Winkler, West Marshall State Center; Dave Messerili, Marion High School; Tim Lewis, Cedar Rapids Kennedy; Tony Perkins, Marion High School; Brian Wilken, Newell-Fonda; Bob Jensen, Mt. Pleasant; Todd Quick, Hamburg; Tom Wilson, Dowling; Shane Blake, Monticello; Don Hicks, Stanton; Gary Swenson Des Moines Valley; Bob Mc Coy, Bedford; Jon Pilcher, Nevada; Denny Muller, SE Polk; Tom Stone, Pekin; Don Anderson, BCIG

Southeast Polk quarterback Nate Snead (6-foot-2, 215 pounds) was named captain of the INA Class 4-A All-State team for a senior campaign in which he threw for 1,738 yards and 14 touchdowns and ran for 784 yards and 22 scores. Snead won was 25-8 in three years as a starter at Southeast Polk, leading the Rams to the Class 4-A playoff quarterfinals as a sophomore and to the finals this season.

Tyler Nielsen of Humboldt has been chosen the Class 3A All-State Captain. Nielsen, a 6-foot-4, 220-pound senior, played a key role on offense and defense in helping lead Hum-boldt to the state championship. From his linebacker position, Nielsen was one of the anchors of the Wildcat defense and led the team in tackles with 116 tackles, including 89 solos, a figure limited due to his team's numerous blowout victories this season. A starter since his sophomore year, the multi-talented athlete also played on the offensive line, tight end and ran the ball out of the backfield on occasion, proving to be a valuable threat for the Wildcats, who finished 2006 with a 12-1 record. The Wildcats also were perfect in winning 3A District 2 with a 7-0 record. Nielsen, who will take his talents to the University of Iowa next fall.

Class 2A Captain Reece Jedlicka was a big part of Saloni's 8-1 season. He led district five with 16 touchdowns during the regular season. Jedlicka also led district five in rushing touchdowns (15), interceptions (4), rushing yardage per carry (7.05), carries (135), and rushing yardage (952). Jedlicka finished this year with over 1,400 yards and 22 TDís.

The captain of the INA Class 1A Team is West Branch quarterback Caleb Walter. Walter, a three-year starter, led the Bears to an 8-1 record and a share of their third straight district title in Class 1A District 6.

The 6-foot-4 quarterback completed 61 percent of his passes this season, throwing for 1,420 yards and 12 touchdowns, with just four interceptions. He also rushed for 347 yards and 17 touchdowns, including a 1-yard run with 1:45 remaining in the Bears' game against Montezuma. He added a two-point conversion to cap a 15-12 district road win over the eventual Class 1A runner-up.

Irwin-Kirkman-Manilla senior quarterback Zack Bandow is the honorary captain in Class A after leading his team on a remarkable playoff run. In four playoff games, the 6-foot-4, 190-pounder completed 41-of-53 passes (77.3 percent) for 746 yards (186.5 per game) and seven touchdowns with just two interceptions. He led the sixth-rated Hawks (12-1) to playoff wins over the Nos. 1, 2, 3 and 9 teams in the state. In a 33-13 championship-game victory over Wapsie Valley, Bandow was 13-for-15 for 154 yards and a touchdown in the first half, leading his team to a 19-7 lead at the intermission. Bandow was also a hard-hitting starting safety and the I-K-M punter.

Northeast Hamilton tailback Craig Pruisman has been selected as the captain of the INA 8-man All-State team. Pruisman, a 5-foot-5, 155-pound senior, rushed for 1,959 yards and 25 touchdowns to lead the top-ranked Trojans to a 13-0 record and the state championship -- the first in school history. Pruisman poured it on in the playoffs, piling up 736 ground yards -- an average of 184 yards per game. His postseason was highlighted by a 46-carry, 327-yard performance in the Trojans' 35-13 opening round victory over Armstrong-Ringsted. He racked up 171 yards and three touchdowns in the quarterfinals against No. 10 Janesville, and 151 yards and three more scores in the semifinal round against No. 3 Remsen St. Mary's. No. 5 Essex held Pruisman to 87 rushing yards in the championship game, but Pruisman picked it up with four catches for 74 yards and a first half TD to help Northeast Hamilton to a 24-6 victory. He scored 10 touchdowns in the postseason, eight coming on the ground.

#### **Class 4A-First Team**

Offense Wide Receiver Colin Sandeman Bettendorf 6'1" 185 Sr.  
Offense Wide Receiver Alex Sandvig West Des Moines Valley 6'0" 170 Sr.  
Offense Wide Receiver Teddy Shonka Cedar Rapids Kennedy 6'1" 195 Sr.  
Offense Lineman Matt Bentler Davenport Assumption 6'4" 280 Sr.  
Offense Lineman Steve Flynn Bettendorf 6'5" 295 Sr.  
Offense Lineman Ryan Katch West Des Moines Dowling 6'3" 280 Sr.  
Offense Lineman John Kirusan Sioux City East 6'2" 255 Sr.  
Offense Lineman Nate Stoffel Dubuque Hempstead 6'4" 290 Sr.  
Offense Quarterback Nate Snead SE Polk 6'2" 215 Sr.  
Offense Back Tony Bassett Clinton 6'1" 210 Sr.  
Offense Back Tre-Darrius Canady Sioux City East 5'11" 185 Sr.  
Offense Back Will Martin Cedar Rapids Xavier 5'9" 160 Sr.  
Defense Lineman Ben Boothby Clinton 6'0" 265 Sr.  
Defense Lineman James Ferentz Iowa City High 6'2" 250 Jr.  
Defense Lineman Josh Gabelmann Bettendorf 6'0" 225 Sr.  
Defense Lineman Josh Lorenson Cedar Rapids Xavier 6'3" 250 Sr.  
Defense Linebacker Joe Bedard Cedar Rapids Xavier 6'2" 215 Sr.  
Defense Linebacker Joe Bianchi SE Polk 6'2" 190 Sr.  
Defense Linebacker Shawn Gerard North Scott 6'4" 210 Sr.  
Defense Linebacker Anthony Pritchard West Des Moines Valley 6'2" 215 Sr.  
Defense Back Jordan Bernstine Des Moines Lincoln 5'10" 200 Sr.  
Defense Back Kyle Steinbrecher Davenport Assumption 6'3" 180 Sr.  
Defense Back Brett Wilkin SE Polk 5'9" 155 Sr.  
Defense Kicker Kyle McMahon West Moines Dowling 6'0" 160 Sr.

#### **Class 4A-Second Team**

Offense Wide Receiver Brett Opdahl Urbandale 6'3" 175 Sr.  
Offense Wide Receiver Tucker Sulzberger Muscatine 5'9" 170 Sr.

Offense Wide Receiver Mike Waterman Davenport Central 6'3" 200 Sr.  
Offense Lineman MJ Kang Ames 6'0" 250 Sr.  
Offense Lineman Austin LaCarte North Scott 6'2" 275 Sr.  
Offense Lineman Adam McElderry West Des Moines Valley 6'2" 270 Sr.  
Offense Lineman Justin Romero Cedar Falls 6'0" 290 Sr.  
Offense Lineman John Schuller Cedar Rapids Prairie 6'4" 295 Sr.  
Offense Quarterback Jon Phillips Muscatine 6'1" 151 Jr.  
Offense Back Willie Argo Davenport Assumption 6'1" 205 Jr.  
Offense Back Josh Collins Sioux City West 5'9" 175 Sr.  
Offense Back Joe Johnson West Des Moines Valley 5'9" 175 Jr.  
Defense Lineman Kaleb Admire Cedar Rapids Jefferson 6'3" 290 Sr.  
Defense Lineman Nick Brayton Iowa City West 6'3" 245 Sr.  
Defense Lineman Boyd Higgins North Scott 6'1" 195 Sr.  
Defense Lineman Jake McDonough West Des Moines Valley 6'5" 215 Jr.  
Defense Linebacker Eric Croskrey Cedar Rapids Prairie 6'0" 195 Sr.  
Defense Linebacker Chad Onstott Indianola 6'0" 225 Sr.  
Defense Linebacker Mike Tillo Sioux City North 6'0" 195 Sr.  
Defense Linebacker Landon Zaputil Cedar Falls 5'11" 210 Jr.  
Defense Back Joe Rusch Ottumwa 6'1" 185 Sr.  
Defense Back Zach Schulte Cedar Rapids Xavier 6'1" 175 Sr.  
Defense Back Garrett Scott Bettendorf 5'11" 165 Jr.  
Defense Kicker Jordan Grimm Cedar Rapids Kennedy 6'1" 185 Sr.

#### **Class 4A- Third Team**

Offense Wide Receiver James Eaton Cedar Rapids Kennedy 6'0" 220 Sr.  
Offense Wide Receiver Jon Gilmore Iowa City High 6'3" 190 Sr.  
Offense Wide Receiver Dylan Hines Cedar Rapids Washington 6'0" 175 Sr.  
Offense Lineman Matt Graber Newton 6'3" 235 Sr.  
Offense Lineman Mike Staude Cedar Rapids Jefferson 6'3" 225 Sr.  
Offense Lineman Evan Tecklenburg Muscatine 6'8" 320 Sr.  
Offense Lineman Jay Teply Cedar Rapids Xavier 6'7" 305 Sr.  
Offense Lineman Aaron Tjarks Ankeny 6'5" 260 Sr.  
Offense Quarterback Bobby Noyce West Des Moines Valley 6'0" 170 Sr.  
Offense Back Travis Gobush Iowa City High 5'10" 185 Sr.  
Offense Back Jamie Klith Cedar Rapids Prairie 5'10" 190 Sr.  
Offense Back Justin Warner Waukee 6'1" 185 Jr.  
Defense Lineman Adam Coleman Bettendorf 6'4" 240 Jr.  
Defense Lineman Zach Davison Waukee 6'5" 215 Jr.  
Defense Lineman Chris Prior Cedar Rapids Prairie 6'1" 185 Sr.  
Defense Lineman Scott Wagner Ankeny 6'0" 220 Sr.  
Defense Linebacker L.J. Gamblin Des Moines Lincoln 6'3" 215 Jr.  
Defense Linebacker Will Morio Cedar Rapids Kennedy 6'1" 215 Jr.  
Defense Linebacker Brooks Skaggs Newton 5'10" 225 Sr.  
Defense Linebacker Marshall Tuttle Sioux City East 6'0" 200 Sr.  
Defense Back Chris Carter North Scott 5'8" 160 Sr.  
Defense Back Myles Easteo Indianola 5'10" 180 Sr.  
Defense Back John Landau Cedar Falls 6'1" 180 Sr.  
Defense Kicker Dan Biddick North Scott 6'1" 165 Jr.

#### **Class 3A- First Team**

Offense Tight End Allen Reisner Marion 6'4" 220 Sr.  
Offense Wide Receiver Addison Patrick Carroll 5'10" 170 Sr.  
Offense Wide Receiver Kyle Salow Washington 6'4" 185 Sr.  
Offense Lineman Tony Drew Waukon 5'11" 225 Sr.  
Offense Lineman Dan Hoch Harlan 6'7" 273 Jr.

Offense Lineman Roger Powell Creston-OM 6'2" 250 Sr.  
Offense Lineman Travis Smith Grinnell 6'5" 273 Sr.  
Offense Lineman Shadoe Spieker ADM 6'4" 235 Sr.  
Offense Quarterback James Vandenberg Keokuk 6'3" 170 Jr.  
Offense Back Jake Aberg Dallas Center Grimes 5'11" 185 Sr.  
Offense Back Troy Griffeth ADM 5'9" 170 Sr.  
Offense Back Jordan Smith Humboldt 6'2" 215 Sr.  
Defense Lineman Will Eilert Grinnell 6'4" 250 Sr.  
Defense Lineman Cody Hundertmark Humboldt 6'4" 260 Sr.  
Defense Lineman Andrew Snitker Waukon 6'4" 235 Sr.  
Defense Lineman Tyler Stahl Harlan 6'1" 228 Sr.  
Defense Linebacker Tyler Nielsen Humboldt 6'4" 210 Sr.  
Defense Linebacker Zach Davis Washington 6'3" 190 Sr.  
Defense Linebacker Thomas Gruis Clear Lake 6'0" 225 Sr.  
Defense Linebacker Jimmy Waters Lewis Central 6'1" 180 Sr.  
Defense Back Jacob Ryan Mt. Vernon 5'10" 175 Sr.  
Defense Back Tyler Sash Oskaloosa 6'1" 195 Sr.  
Defense Back Caleb Van Otterloo LeMars 6'2" 175 Sr.  
Defense Kicker B.J. Hermson West Delaware 6'5" 210 Sr.

### **Class 3A- Second Team**

Offense Tight End Dan Burns Dallas Center-Grimes 6'3" 220 Sr.  
Offense Wide Receiver James Hurt Keokuk 6'1" 185 Jr.  
Offense Wide Receiver Zach McCool West Delaware 5'7" 160 Sr.  
Offense Lineman Tyrell Detweiler Williamsburg 6'4" 303 Sr.  
Offense Lineman James Glick Keokuk 6'2" 240 Sr.  
Offense Lineman Alex Hicklin Sioux City Heelan 6'2" 200 Sr.  
Offense Lineman Vince Junior Lewis Central 5'7" 191 Sr.  
Offense Lineman Drew Tweeton Washington 6'3" 270 Sr.  
Offense Quarterback Kyle Christensen Carroll 6'1" 190 Sr.  
Offense Back Mike LaHart Chariton 5'10" 180 Sr.  
Offense Back Ryan Mueller Atlantic 6'0" 185 Sr.  
Offense Back Jacob Rohde Mt. Pleasant 6'2" 190 Sr.  
Defense Lineman Leon Drake Chariton 6'2" 265 Sr.  
Defense Lineman Nathan King West Delaware 6'5" 310 Jr.  
Defense Lineman Paul Lundaren MOC-FV 6'2" 252 Sr.  
Defense Lineman Jared Sholly Clear Lake 6'3" 234 Jr.  
Defense Linebacker Sam Brummer Harlan 6'0" 190 Sr.  
Defense Linebacker Cole Henderson Grinnell 6'1" 190 Sr.  
Defense Linebacker Eric Slaymaker Williamsburg  
Defense Linebacker Corey Van Pelt Winterset 6'0" 225 Sr.  
Defense Back Eric Feller Charles City 6'2" 195 Sr.  
Defense Back Alec Kilburz Marion 6'3" 190 Sr.  
Defense Back Pat Truby Ballard 5'9" 140 Sr.  
Defense Kicker Drew Hagon Benton 5'11" 170 Sr.

### **Class 3A-Third Team**

Offense Tight End Nate Hughes Carroll 6'2" 190 Sr.  
Offense Wide Receiver Sam Eischen Humboldt 6'5" 210 Sr.  
Offense Wide Receiver Michael O'Rourke Williamsburg 6'3" 180 Sr.  
Offense Lineman Jacob Edgington Mt. Pleasant 6'4" 200 Sr.  
Offense Lineman Reid Lanser Pella 6'4" 265 Sr.  
Offense Lineman Will Maass Central DeWitt 6'1" 195 Jr.  
Offense Lineman Mike Scherer Dallas Center Grimes 6'3" 245 Sr.  
Offense Lineman Ben Thilges Humboldt 6'4" 240 Sr.

Offense Quarterback Justin Phelan LeMars 5'11" 190 Sr.  
Offense Back Justin Black Glenwood 5'6" 169 Sr.  
Offense Back Chris Campbell LeMars 5'10" 170 Sr.  
Offense Back Billy Veach Maquoketa 5'11" 175 Sr.  
Defense Lineman Blake Rasing New Hampton 6'2" 280 Sr.  
Defense Lineman Sam Schmidt Central DeWitt 6'0" 190 Sr.  
Defense Lineman Taylor Stroud Winterset 6'1" 250 Sr.  
Defense Lineman Andrew Tyne Marion 6'2" 210 Sr.  
Defense Linebacker Cody Huedepohl Williamsburg 6'3" 185 Sr.  
Defense Linebacker Dirk Kool Fairfield 6'4" 220 Sr.  
Defense Linebacker Curtis Roeder Maquoketa 6'3" 230 Sr.  
Defense Linebacker Cody Snitker Waukon 6'0" 200 Sr.  
Defense Back Nick Burden Mt. Pleasant 5'10" 170 Sr.  
Defense Back Chris Jensen Harlan 5'10" 150 Sr.  
Defense Back Joey Toole Spencer 5'10" 160 Sr.  
Defense Kicker Eric Guthrie Nevada 6'6" 210 Sr.

### **Class 2A- First Team**

Offense Tight End Grant Ridpath Gilbert 6'6" 230 Sr.  
Offense Wide Receiver Chris Campbell Cherokee 5'11" 165 Jr.  
Offense Wide Receiver Nate Meyer Cascade 5'8" 140 Jr.  
Offense Lineman August Hadenfeldt Solon 6'3" 220 Sr.  
Offense Lineman John Helgerson North Fayette 6'3" 215 Sr.  
Offense Lineman Jared Mollenbeck Hampton-Dumont 6'6" 280 Sr.  
Offense Lineman Casey Peters CL/GLR 6'3" 240 Sr.  
Offense Lineman Brian Rodas MFL/Mar Mac 6'5" 295 Sr.  
Offense Quarterback Nate DeJong CL/GLR 6'3" 200 Jr.  
Offense Back Reece Jedlicka Solon 5'11" 175 Sr.  
Offense Back Mike Moser North Fayette 5'8" 195 Sr.  
Offense Back Brett Tomkins ELC 5'8" 165 Sr.  
Defense Lineman Josh Fog Emmetsburg 5'10" 215 Sr.  
Defense Lineman Zach Utter Monticello 6'0" 189 Sr.  
Defense Lineman Preston Perett CL/GLR 6'0" 200 Sr.  
Defense Lineman Spencer Schichtl ELC 6'1" 210 Jr.  
Defense Linebacker Tyler McDermott Cascade 6'3" 200 Jr.  
Defense Linebacker EJ Peterson PCM 6'1" 210 Sr.  
Defense Linebacker Kolton Reed JSPC 6'0" 190 Sr.  
Defense Linebacker Jarren Wiersma CL/GLR 6'2" 210 Sr.  
Defense Back Kirby Houden North Fayette 6'0" 160 Sr.  
Defense Back Cody Myler Missouri Valley 5'10" 195 Sr.  
Defense Back Eric Van Ginkel B-H/Rock Valley 6'0" 190 Sr.  
Defense Kicker Andrew Dawson Cherokee 6'1" 180 Sr.

### **Class 2A- Second Team**

Offense Tight End Reid Geerdes CL/GLR 5'11" 165 Sr.  
Offense Wide Receiver Jeremy Rachau Eagle Grove 6'1" 165 Sr.  
Offense Wide Receiver Nick Ratchford Waterloo Columbus 6'2" 187 Sr.  
Offense Lineman Justin Horesowsky Mid-Prairie 6'0" 215 Sr.  
Offense Lineman Travis Hoyle South Hardin 6'1" 260 Sr.  
Offense Lineman Mason Sander ELC 6'0" 200 Sr.  
Offense Lineman John Michael Sawhill JSPC 6'1" 230 Jr.  
Offense Lineman Logan Voga Roland-Story 6'2" 240 Sr.  
Offense Quarterback Tyler Jones Cherokee 5'10" 155 Soph.  
Offense Back Zach McCalester PCM 5'11" 175 Sr.

Offense Back Ross Shafrath Hampton-Dumont 6'2" 200 Jr.  
Offense Back Austin Waton Clarion-Goldfield 5'9" 191 Sr.  
Defense Lineman Nick Hegland Hampton-Dumont 6'0" 170 Sr.  
Defense Lineman Nilan Lansing North Fayette 6'2" 225 Sr.  
Defense Lineman Jon Orr Maquoketa Valley 6'3" 257 Jr.  
Defense Lineman Sergio Trevino JSPC 5'8" 257 Sr.  
Defense Linebacker Zach Thompson Wilton 5'11" 180 Sr.  
Defense Linebacker Tyler Warnke Clarion-Goldfield 6'1" 190 Sr.  
Defense Linebacker Adam Wittrock Kuemper 6'0" 200 Jr.  
Defense Linebacker Tanner Ziesman Iowa Falls/Alden 6'1" 208 Sr.  
Defense Back Nate Haaland Osage 5'9" 140 Sr.  
Defense Back Joe Langenberg CMB 5'10" 160 Jr.  
Defense Back Brian Wasko JSPC 6'2" 160 Jr.  
Defense Kicker Jake Vaughan Emmetsburg 6'0" 160 Jr.

### **Class 2A-Third Team**

Offense Tight End Jared Kuehner CPU 6'4" 175 Jr.  
Offense Wide Receiver Bradley Norwood PCM 6'2" 170 Sr.  
Offense Wide Receiver Jason Roskam Sioux Center 5'11" 180 Sr.  
Offense Lineman Dane Askelson Clarion-Goldfield 6'0" 190 Jr.  
Offense Lineman Ben George Cherokee 6'1" 210 Sr.  
Offense Lineman Jacob Leonard Bondurant-Farrar 6'0" 275 Sr.  
Offense Lineman Nate Welsch Monticello 6'2" 245 Sr.  
Offense Lineman Justin Wissler East Sac(WLVA) 6'4" 290 Sr.  
Offense Quarterback Nick Willwerth Eagle Grove 5'10" 165 Sr.  
Offense Back Lucas Bohnsack Wilton 5'9" 170 Jr.  
Offense Back Jake Soy Durant 6'3" 195 Sr.  
Offense Back Justin Varilek Red Oak 5'11" 175 Sr.  
Defense Lineman Camden Johnson Red Oak 6'1" 220 Sr.  
Defense Lineman Chad Kraklio Durant 6'3" 195 Sr.  
Defense Lineman Dillon Sorenson Hampton-Dumont 6'0" 185 Sr.  
Defense Lineman Jesse Wolfe Emmetsburg 6'1" 205 Jr.  
Defense Linebacker Joe Boone Mid Prairie 6'1" 200 Sr.  
Defense Linebacker Matt Jurgens Sibley/Ocheyedan 5'8" 175 Sr.  
Defense Linebacker Bryce McCormick Monticello 6'1" 190 Sr.  
Defense Linebacker Matt O'Donnell Tipton 6'0" 210 Jr.  
Defense Back Tony Brugman Emmetsburg 5'10" 165 Sr.  
Defense Back Alex Glew Maquoketa Valley 5'11" 166 Sr.  
Defense Back Chris Kasel North Fayette 6'2" 170 Sr.  
Defense Kicker Mike Romey Kuemper 6'6" 170 Sr.

### **Class 1A- First Team**

Offense Tight End Keaton Hildreth Southern Cal 6'2" 163 Sr.  
Offense Wide Receiver Joe Audlehelm Central Decatur 5'9" 165 Sr.  
Offense Wide Receiver Alex Wiebke Nashua-Plainfield 6'1" 175 Sr.  
Offense Lineman Eric Ausborn Edgewood-Colesburg 5'11" 170 Sr.  
Offense Lineman Dallas Hendrickson St. Ansgar 6'1" 305 Soph.  
Offense Lineman Brent Johnson South Hamilton 6'5" 285 Sr.  
Offense Lineman Thomas Reese Gladbrook-Reinbeck 6'3" 210 Sr.  
Offense Lineman Lee Schroeder Montezuma 6'6" 260 Sr.  
Offense Quarterback Caleb Walter West Branch 6'4" 200 Sr.  
Offense Back Dustin Haas Griswold 5'11" 180 Sr.  
Offense Back Jesse Nitcher Aplington-Parkersburg 5'10" 175 Sr.  
Offense Back Jordan Otdoerfer Starmont 5'8" 155 Jr.  
Defense Lineman Tyler Bailey West Branch 6'0" 205 Sr.

Defense Lineman John Blessington Southern Cal 6'4" 231 Sr.  
Defense Lineman Jake Bru Montezuma 5'11" 205 Sr.  
Defense Lineman Daniel Mikels Logan Magnolia 6'1" 180 Sr.  
Defense Linebacker Chad Belt Council Bluffs St. Albert 6'0" 195 Sr.  
Defense Linebacker Corey Ferguson Montezuma 5'9" 175 Sr.  
Defense Linebacker Adam Martensen Iowa City Regina 6'2" 198 Sr.  
Defense Linebacker Ben Wenzel Dike-New Hartford 6'0" 195 Sr.  
Defense Back Luke Becker Dike-New Hartford 6'2" 170 Sr.  
Defense Back Caleb Blauwet West Lyon 5'9" 175 Sr.  
Defense Back Dylan Diedrich Northeast Gooselake 6'0" 175 Sr.  
Defense Kicker C.J. Gradoville Council Bluffs St. Albert 6'2" 170 Sr.

### **Class 1A- Second Team**

Offense Tight End Aaron Anderson North Polk 6'4" 175 Sr.  
Offense Wide Receiver Pat Grau Central Elkader 6'4" 180 Sr.  
Offense Wide Receiver Trevor Tiefenthaler Sioux Central 5'11" 150 Soph.  
Offense Lineman Derek Horstman Clayton Ridge 6'0" 245 Sr.  
Offense Lineman Tyler Opperman North Butler 6'7" 210 Sr.  
Offense Lineman Raymond Schiefen West Sioux 6'1" 265 Sr.  
Offense Lineman Jason Schultz Pekin 6'3" 245 Jr.  
Offense Lineman Jordan TeGrootenhuis West Lyon 6'0" 225 Sr.  
Offense Quarterback Nolan Batten Council Bluffs St. Albert 6'3" 195 Sr.  
Offense Back Braden Kelley Dike-New Hartford 5'11" 180 Sr.  
Offense Back Jharred Milloniy St. Ansgar 5'8" 240 Soph.  
Offense Back Jeremy Schieffer Council Bluffs St. Albert 5'9" 170 Sr.  
Defense Lineman Evan Capper Aplington-Parkersburg 6'2" 246 Sr.  
Defense Lineman Lars Christianson Lake Mills 6'0" 190 Jr.  
Defense Lineman Chase Sudol Nashua-Plainfield 5'11" 200 Sr.  
Defense Lineman Zach Wentzel Pocahontas 6'2" 195 Sr.  
Defense Linebacker Spenser Brackey Lake Mills 6'0" 165 Jr.  
Defense Linebacker Teddy Dirx North Polk 6'3" 200 Sr.  
Defense Linebacker Gus Mormann Edgewood-Colesburg 6'3" 210 Sr.  
Defense Linebacker Reed Schlee Starmont 5'11" 180 Sr.  
Defense Back Brian Inloes Mt. Ayr 5'10" 175 Sr.  
Defense Back Logan Near Northeast Gooselake 6'0" 170 Sr.  
Defense Back Jeff Ohnemus Nodaway Valley 5'5" 120 Sr.  
Defense Kicker Tyler Rabey West Marshall 6'1" 157 Sr.

### **Class 1A- Third Team**

Offense Tight End Chris Sullivan Turkey Valley 6'3" 203 Sr.  
Offense Wide Receiver Matt Gilbert Denver 6'3" 185 Sr.  
Offense Wide Receiver Ben Graham Mt. Ayr 6'0" 195 Sr.  
Offense Lineman Mark Blessington Southern Cal 6'5" 277 Soph.  
Offense Lineman Spencer Fritsch Underwood 5'10" 210 Sr.  
Offense Lineman Jacob Leighton Griswold 5'8" 220 Sr.  
Offense Lineman Tim Roth Bellevue 6'1" 195 Sr.  
Offense Lineman DJ Schnell Pocahontas 5'11" 215 Sr.  
Offense Quarterback Matt Vohsmann Nashua-Plainfield 6'3" 200 Sr.  
Offense Back Marshall Barney Logan-Magnolia 5'11" 178 Jr.  
Offense Back Lance Lake Edgewood-Colesburg 5'11" 160 Sr.  
Offense Back Justin Shideler Sioux Central 6'2" 220 Sr.  
Defense Lineman Tigh Bakkar Dike-New Hartford 6'5" 220 Sr.  
Defense Lineman Zach James Pleasantville 6'1" 255 Sr.  
Defense Lineman Levi Morris Nodaway Valley 6'0" 290 Sr.

Defense Lineman Seth Moser West Lyon 6'3" 222 Sr.  
Defense Linebacker Wes Ruby North Butler 6'0" 175 Sr.  
Defense Linebacker John Simon A plington-Parkersburg 5'10" 170 Jr.  
Defense Linebacker Kendall Sommerlet Pocahontas 5'7" 170 Soph.  
Defense Linebacker Chris Zimbelman West Sioux 6'0" 205 Sr.  
Defense Back Peter Brekken Lake Mills 5'9" 160 Sr.  
Defense Back Chris Crawford BCLUW 5'10" 170 Sr.  
Defense Back Austin French Mt. Ayr 6'0" 170 Sr.  
Defense Back Nathan Niehaus Clayton Ridge 5'5" 138 Sr.

#### **Class A- First Team**

Offense Tight End Alan Bladt AHST 6'1" 195 Jr.  
Offense Wide Receiver Sean Birks IKM 5'10" 170 Sr.  
Offense Wide Receiver GarrettMcGrane Wapsie Valley 6'1" 175 Jr.  
Offense Lineman Michael Coffin Wapsie Valley 5'11" 245 Sr.  
Offense Lineman Patrick Luensmann Manning 5'10" 226 Jr.  
Offense Lineman Seth McMullen Earlham 6'4" 250 Sr.  
Offense Lineman Bryan Mueller Postville 6'2" 225 Sr.  
Offense Lineman Morgan Van Houten Alta 6'0" 235 Sr.  
Offense Quarterback Zack Bandow IKM 6'4" 190 Sr.  
Offense Back Cory Donscheski Boyer Valley 5'10" 162 Sr.  
Offense Back Darin Lockard West Central 5'9" 170 Jr.  
Offense Back Chayse Roth Waco 6'0" 190 Jr.  
Defense Lineman Jeremy Croghan IKM 6'2" 175 Sr.  
Defense Lineman Gary Ewart Bedford 6'3" 215 Jr.  
Defense Lineman Adam Haacke Riceville 6'0" 215 Sr.  
Defense Lineman Dustin Tindall Bishop Garrigan 6'0" 225 Sr.  
Defense Linebacker Tanner Frain Treynor 6'2" 205 Jr.  
Defense Linebacker John Hinshaw HLV 5'9" 185 Jr.  
Defense Linebacker Nolan Potthoff Manning 6'2" 208 Sr.  
Defense Linebacker Austin Todd Gava-Holstein 6'0" 205 Sr.  
Defense Back Corey Kerns Wapsie Valley 5'10" 180 Sr.  
Defense Back Andrew Meier Guthrie Center 6'4" 185 Sr.  
Defense Back Brad Renze Manning 6'2" 208 Sr.  
Defense Kicker Chris Hansen Earlham 6'2" 190 Sr.

#### **Class A- Second Team**

Offense Tight End Joe Gleason North Mahaska  
Offense Wide Receiver Justin Smith Olin 6'2" 175 Sr.  
Offense Wide Receiver Landon Wright Woodbury Central 6'5" 189 Sr.  
Offense Lineman Lance Bellinghausen Newell-Fonda 6'2" 235 Sr.  
Offense Lineman Taylor Bengford Odebolt-Arthur 5'9" 290 Sr.  
Offense Lineman Harrison Grimm Waco 6'3" 185 Sr.  
Offense Lineman Casey Hackins West Central Maynard 6'7" 290 Sr.  
Offense Lineman Eric Refer HLV 5'10" 215 Jr.  
Offense Quarterback Trent Rasmussen Lisbon 5'10" 160 Jr.  
Offense Back Colton Harms West Hancock 6'1" 225 Sr.  
Offense Back Tommy Kostek Des Moines Christian 5'9" 197 Sr.  
Offense Back Chris Robins HLV 6'1" 190 Sr.  
Defense Lineman Alex Pokorny North Tama 6'1" 195 Sr.  
Defense Lineman Andy Ubben SCMT 6'2" 285 Sr.  
Defense Lineman Matt VandeKamp Van Meter 6'4" 235 Sr.  
Defense Lineman Ryan Yeggy SE Warren 6'3" 235 Sr.  
Defense Linebacker Ben Berte Garigan 6'1" 190 Sr.



Defense Linebacker Caleb Blattel Madrid 5'9" 190 Sr.  
Defense Linebacker Mitch Blyth Central City 6'1" 210 Sr.  
Defense Linebacker Jake Slusher Earlham 5'11" 190 Sr.  
Defense Back Drew Burnham Waco 6'0" 160 Sr.  
Defense Back Blaine Grinna Postville 6'2" 190 Sr.  
Defense Back Jordan Oulman Riceville 6'1" 170 Sr.  
Defense Kicker Jordan Mondt SCMT 6'0" 200 Sr.

### **Class A- Third Team**

Offense Tight End Shea Fineran Odebolt-Arthur 6'0" 185 Sr.  
Offense Wide Receiver Corby Friederich Postville 6'0" 165 Sr.  
Offense Wide Receiver Alex Loutsch Gehlen Catholic 5'11" 170 Sr.  
Offense Lineman Cole Albright Lawton-Bronson 6'4" 260 Jr.  
Offense Lineman Joe Behrendt Boyer Valley 6'5" 262 Sr.  
Offense Lineman Jon Grundmeier Schaller-Crestland 6'2" 265 Sr.  
Offense Lineman Ben Heitland Postville 6'1" 285 Sr.  
Offense Lineman Kyle Herink North Tama 6'0" 180 Sr.  
Offense Quarterback Luke Putz Southeast Warren 6'3" 195 Sr.  
Offense Back Matt Hengesteg Northwood-Kensett 5'10" 195 Sr.  
Offense Back Matthew Myers Wapsie Valley 5'11" 175 Jr.  
Offense Back Travis Van Dusseldorf North Mahaska 5'9" 175 Sr.  
Defense Lineman Andrew Bahr Iowa Valley 5'11" 190 Sr.  
Defense Lineman Daniel Borchers Galva-Holstein 6'1" 215 Sr.  
Defense Lineman Corey Holmes Cedar Falls NU High 5'10" 240 Jr.  
Defense Lineman Scott Radke Alta 6'3" 225 Jr.  
Defense Linebacker Nick Adams AHST 5'10" 175 Sr.  
Defense Linebacker Ted Bechtym Riceville 6'3" 205 Jr.  
Defense Linebacker Shane Brelsford North Mahaska 6'2" 190 Sr.  
Defense Linebacker Travis Kies Newell-Fonda 6'2" 235 Sr.  
Defense Back David Brechler Laurens Marathon 5'11" 180 Sr.  
Defense Back Sean Campbell HLV 6'1" 210 Sr.  
Defense Back Jesse Sebern IKM 5'10" 180 Sr.  
Defense Kicker Jacob Cobb Iowa Valley 6'1" 185 Sr.

### **8-Man- First Team**

Offense Wide Receiver Jacob Bruce Aurelia 5'11" 170 Jr.  
Offense Wide Receiver Wes Westmeyer Janesville 6'3" 185 Sr.  
Offense Lineman Murphy Mastin Nishna Valley 6'4" 250 Sr.  
Offense Lineman Kevin Richter Adair Casey 6'1" 250 Sr.  
Offense Lineman Caleb Schwieger North East Hamilton 6'3" 280 Sr.  
Offense Quarterback Alex Renaud North East Hamilton 6'0" 175 Sr.  
Offense Back Andrew Leeper Adair Casey 5'11" 195 Sr.  
Offense Back Craig Pruisman North East Hamilton 5'5" 155 Sr.  
Offense Back Zach Stonk Glidden Ralston 5'11" 165 Sr.  
Defense Lineman Wes Albertson Sidney 6'8" 280 Sr.  
Defense Lineman Andy Steichen Remsen St. Mary 6'0" 225 Sr.  
Defense Lineman Ashton Wagner Twin River Valley 6'2" 210 Sr.  
Defense Linebacker Trey Christensen Lenox 5'7" 150 Jr.  
Defense Linebacker Joe Johnson North Kossuth 6'0" 210 Sr.  
Defense Linebacker Alex McArdle Stanton 6'3" 175 Jr.  
Defense Back Jordan Hasenkamp Twin River Valley 5'7" 135 Sr.  
Defense Back Aaron Lang Hamburg 5'8" 165 Sr.  
Defense Back Dirk Timm North East Hamilton 5'8" 165 Jr.  
Defense Kicker J.J. Vanderheiden Glidden Ralston 6'5" 225 Sr.

**8-Man- Second Team**

Offense Wide Receiver Kyle Dornborgh Nishna Valley 6'0" 160 Sr.  
Offense Wide Receiver Jace Hawley Ar-We-Va 5'10" 157 Jr.  
Offense Lineman Zach Katz Lamoni 6'3" 270 Sr.  
Offense Lineman Ben Lohman Glidden-Ralston 6'1" 205 Sr.  
Offense Lineman Logan Ogden Tri County 6'2" 230 Sr.  
Offense Quarterback Jon Klein Remsen St. Mary's 6'0" 175 Jr.  
Offense Back Cliff Holmes Essex 6'0" 195 Sr.  
Offense Back Ryan Robins Murray 5'10" 150 Sr.  
Offense Back Justin Wrede Janesville 6'2" 210 Sr.  
Defense Lineman John Bunch Martensdale 6'1" 255 Sr.  
Defense Lineman Steffen Custer Lenox 6'4" 210 Sr.  
Defense Lineman Seth Griffith Walnut 6'3" 245 Jr.  
Defense Linebacker Ben Bolt Janesville 5'11" 190 Sr.  
Defense Linebacker Seth Johnson Glidden-Ralston 5'11" 170 Sr.  
Defense Linebacker Dan Schaa North East Hamilton 5'11" 190 Sr.  
Defense Back Wil Bauer Melcher Dallas 6'1" 175 Sr.  
Defense Back Bryan Bowen Nishna Valley 5'10" 160 Sr.  
Defense Back Alex Doty Sidney 5'9" 155 Sr.  
Defense Kicker Devin Archibald Elk Horn Kimbalton 5'11" 160 Sr.

**8-Man- Third Team**

Offense Wide Receiver Adam Almquist Essex 5'11" 175 Sr.  
Offense Wide Receiver Justin Ruden Remsen St. Mary's 6'2" 170 Sr.  
Offense Lineman Jacob Radmaker North Kossuth 5'10" 235 Sr.  
Offense Lineman Peter Salmon Janesville 6'4" 225 Sr.  
Offense Lineman Kaleb Tillman Essex 6'0" 207 Sr.  
Offense Quarterback Ryan Schmidt Tri-County Thornburg 5'10" 160 Jr.  
Offense Back Josh Catron Martensdale St. Mary's 5'8" 160 Sr.  
Offense Back Justin Galles Remsen St. Mary's 5'11" 170 Sr.  
Offense Back Andrew Sorenson Woden Crystal Lake-Titonka 5'10" 150 Sr.  
Defense Lineman A.J. Flander Twin Cedars 5'9" 175 Sr.  
Defense Lineman Joel Godfredson Armstrong-Ringsted 6'2" 245 Sr.  
Defense Lineman Seth Robinson Lenox 6'0" 180 Jr.  
Defense Linebacker Patrick Flaherty Murray 5'10" 160 Sr.  
Defense Linebacker Cole Heimer Nora Springs Rock Falls 5'10" 185 Sr.  
Defense Linebacker Keegan Smith Lamoni 6'2" 200 Sr.  
Defense Back Grant Calvin Lenox 5'7" 150 Jr.  
Defense Back Shane Gerhart Sentral 5'10" 170 Sr.  
Defense Back Cory Randall Tri-County Thornburg 5'9" 160 Jr.  
Defense Kicker Alex Peterson Lenox 5'9" 145 Sr.