

## 2014 INA Girls All-State Basketball Teams

### ATTN EDITORS

NOT FOR RELEASE IN ANY FORM UNTIL TUESDAY MARCH 11 2014 1201 AM

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### INA Announces 2014 All-State Selections for Girls Basketball

The Iowa Newspaper Association announced its 2014 All-State Girls Basketball teams for Class 5A, 4A, 3A, 2A and 1A Tuesday naming Alexis Conaway of MOC-Floyd Valley as "Miss Basketball." Conaway lead her team to the Class 3A state championship as they defeated Unity Christian 63-57 in the finals. Conaway scored a new single-game tournament record with 46 points in the semifinals for a win over Mediapolis. For the season she averaged 21.7 points, 8.4 rebounds, 111 assists, 120 steals and 71 blocked shots per game. She ended her career with 1,902 points, 776 rebounds, 455 steals and 294 assists. A two-time Class 3A volleyball player of the year, a three-time 3A and two-time Drake Relays high jump champion, Conaway has signed on with the Iowa State University volleyball team where she will be continuing her education this fall.

Sports writers in attendance to select the teams were Perry Bell, Knoxville Journal Express; Barry Poe, Sioux City Journal, Kevin White, Omaha World Herald; Ashley Schable, Carroll Daily Times Herald; Todd Danner, Denison Bulletin-Review; Scott Vicker, Creston News Advertiser; Nick Cusick, Muscatine Journal; Chad Drury, Burlington Hawk Eye; Dale Wegner, Sac City Sac Sun; Larry Peterson, Creston News Advertiser; Kristi Nixon, Hampton Chronicle; Chris DeBack, Vinton Newspapers; Greg Grabanowski, Algona Publishing; Ross Eberhart, DeWitt Observer; Beth Lutgen, Dyersville Commercial; Matt Gengler, Missouri Valley Times; Jeff Linder, Cedar Rapids Gazette; Nick Petaros, Waterloo Courier; Ross Thede, Marshalltown Times Republican; Tyler Strand, Marshalltown Times Republican, Jeff Webster; Allison Graham, Tama News Herald; Scott Spurgeon, Bloomfield Democrat; Bruce Thein, Guttenberg Press and John Jensen, Grundy Center Register.

Coaches who attended to help provide statistical information were Don Logan Iowa Basketball Coaches Association; Brian Wheatley, North Lion, Aaren Fichter, Pleasantville; Paul Sonies, West Hancock; Derek Sunderland, Logan-Magnolia; Philip Klett, Center Point-Urbana; Corby Lorbc, Marion; BJ Mayer, Iowa City West; Jesse Searls, Iowa City West; Mike Levenhagen, Dallas Center Grimes; Scott Moenck, Maquoketa Valley, Clark Anderson, Iowa City Regina.

#### Class 1A - First Team

Front Line	Claudia Larsen	Newell-Fonda	6'1"	Sr.
Front Line	London Vais	Adair-Casey	5'10"	Sr.
Front Line	Caitlyn Riese	Colo-Nesco	6'1"	Sr.
Back Court	Renee Maneman	Newell-Fonda	5'5"	Sr.
Back Court	Paige Danner	Ar-We-Va	5'7"	Sr.
Back Court	Taylor Hickey	Burlington Notre Dame	5'6"	Jr.
Utility	Jasmine DeMars	Storm Lake St. Marys	5'10"	Sr.
Utility	Shelby Hembera	Cedar Valley Christian	6'0"	Jr.

#### Second Team

Front Line	Carmen Subbert	Stanton	5'8"	Sr.
Front Line	Sylvia Amlie	Janesville	6'0"	Sr.
Front Line	Kameo Pope	Belle Plaine	6'0"	Sr.
Back Court	Macy Williams	Fremont-Mills	5'6"	Jr.

Back Court	Shayla Dean	Colo-Nesco	5'3"	Jr.
Back Court	Riley Killbride	Burlington Notre Dame	5'7"	Soph.
Utility	Kate Patton	Murray	5'5"	Sr.
Utility	Morgan Christner	New London	5'10"	Soph.

#### Third Team

Front Line	Noreen Morrow	Harris Lake-Park	6'0"	Sr.
Front Line	Cassie Cullen	Lynnville-Sully	5'10"	Sr.
Front Line	Hattie Davidson	Northwood-Kensett	5'8"	Soph.
Back Court	Madison Wood	Rockford	5'8"	Sr.
Back Court	Andrea Hughsen	East Buchanan	5'8"	Sr.
Back Court	Victoria Leyh	Janesville	5'7"	Sr.
Utility	Molly Cunard	Heartland Christian	6'1"	Sr.
Utility	Julia Gronenboom	North Mahaska	5'9"	Jr.

#### Class 2A - First Team

Front Line	Alissa Brown	Jesup	6'0"	Sr.
Front Line	Jamie Gesink	Western Christian	5'8"	Jr.
Front Line	Kari Fitzpatrick	Edgewood-Colesburg	5'11"	Jr.
Back Court	Nicole Miller	North Linn	5'9"	Jr.
Back Court	Ellie Herzberg	Manson Northwest Webster	5'9"	Sr.
Back Court	Ellie Ruffridge	Pocahontas Area	5'3"	Fr.
Utility	Olivia Godfrey	Panorama	6'0"	Sr.
Utility	Jenna Lehman	Iowa City Regina	5'10"	Sr.

#### Second Team

Front Line	Alli Huss	Fort Dodge St. Edmond	6'0"	Sr.
Front Line	Ellen Gallagher	Woodbury Central	6'0"	Sr.
Front Line	Haley Birks	South Central Calhoun	6'0"	Jr.
Back Court	Casey Miles	Hudson	5'8"	Sr.
Back Court	Abbey Meyer	Cascade	5'3"	Sr.
Back Court	Morgan Muhlbauer	IKM-Manning	5'9"	Jr.
Utility	Kylie Ferguson	Council Bluffs St. Albert	5'10"	Sr.
Utility	Anna Yung	Fort Dodge St. Edmond	5'9"	Sr.

#### Third Team

Front Line	Rachel Struve	South O'Brien	5'11"	Sr.
Front Line	Channing Wunsch	North Butler	5'10"	Sr.
Front Line	Brooke Wooten	Maquoketa Valley	5'9"	Sr.
Back Court	Kayla Prosser	South Hardin	5'9"	Sr.
Back Court	Alissa Pollema	Western Christian	5'6"	Sr.
Back Court	Tasha Alexander	Eddyville-Blakesburg-Fremont	5'8"	Sr.
Utility	Ashley Dumler	Dike-New Hartford	5'11"	Sr.
Utility	Hallie Linhart	Central Decatur	5'9"	Jr.

#### Class 3A - First Team

Front Line	Arika Wooldridge	Center Point-Urbana	6'0"	Soph.
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Front Line	Miranda Murphy	North Polk	5'10"	Sr.
Front Line	Andrea Larson	Mediapolis	6'0"	Jr.
Back Court	Alexis Conway	MOC-Floyd Valley	6'0"	Sr.
Back Court	Kennedy Salow	Center Point-Urbana	6'0"	Sr.
Back Court	Kassidy DeJong	Unity Christian	5'10"	Jr.
Utility	Paige Greiner	Williamsburg	5'6"	Sr.
Utility	Serena Parker	Shenandoah	6'0"	Jr.

#### Second Team

Front Line	Heidi Hillyard	Mediapolis	6'0"	Jr.
Front Line	Gracey Griglione	I-35	6'1"	Fr.
Front Line	Emily McDonald	MOC-Floyd Valley	6'0"	Sr.
Back Court	Shelby Graves	Davis County	5'7"	Sr.
Back Court	Emma Dau	Spirit Lake	6'0"	Jr.
Back Court	Kate Walker	Red Oak	5'11"	Jr.
Utility	Ashley Burrows	Bondurant-Farrar	5'10"	Sr.
Utility	Miles Ludwigs	Sergeant Bluff-Luton	5'10"	Sr.

#### Third Team

Front Line	Nicole Burgin	Oelwein	6'0"	Sr.
Front Line	Krista Bousema	Sheldon	5'9"	Sr.
Front Line	Logan Anderson	Clear Lake	5'7"	Sr.
Back Court	Addie Oberman	Northeast Goose Lake	5'11"	Sr.
Back Court	Kaely Hummel	Cherokee	5'8"	Soph.
Back Court	Jessica Anderson	Crestwood	5'8"	Sr.
Utility	Katie Landhuis	MOC-Floyd Valley	5'8"	Sr.
Utility	Megan Murphy	North Polk	5'7"	Sr.

#### Class 4A - First Team

Front Line	Claire Marburger	Perry	5'11"	Jr.
Front Line	Rose Simon-Ressler	Western Dubuque	5'9"	Jr.
Front Line	Jess Schaben	Harlan	6'2"	Jr.
Back Court	Jenna Bork	Sioux City Bishop Heelan	5'8"	Sr.
Back Court	Dani Heritage	Dallas Center Grimes	5'8"	Sr.
Back Court	Gabie Doud	Ballard	5'10"	Soph.
Utility	Mariah Criswell	Winterset	5'9"	Jr.
Utility	Taylor Frederick	Harlan	6'1"	Soph.

#### Second Team

Front Line	Megan Maahs	Western Dubuque	6'0"	Soph.
Front Line	Kirstin Martindale	Spencer	5'11"	Sr.
Front Line	Michalyn Mohr	Marion	5'10"	Jr.
Back Court	Morgan Neuendorf	Waverly Shell Rock	5'9"	Sr.
Back Court	Hayley Deutmeyer	Cedar Rapids Xavier	5'9"	Sr.
Back Court	Agatha Beier	Carlisle	5'8"	Fr.
Utility	Megan Todd	Sioux City Bishop Heelan	5'8"	Jr.
Utility	Evan Hundley	North Scott	6'1"	Jr.

#### Third Team

Front Line	Mariah McPortland	Boone	6'2"	Jr.
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Front Line	Amanda Brainerd	Central DeWitt	6'0"	Soph.
Front Line	Jinaya Houston	Davenport North	6'0"	Fr.
Back Court	Mikayla Larson	Des Moines Hoover	5'9"	Sr.
Back Court	Deja Jackson	Grinnell	5'7"	Jr.
Back Court	Maggie Lowe	Perry	5'6"	Jr.
Utility	Jessica Holterhaus	Pella	5'10"	Jr.
Utility	Taryne Shull	Mount Pleasant	6'1"	Sr.

#### Class 5A - First Team

Front Line	Hailey Lorenzen	Iowa City High	6'3"	Sr.
Front Line	Blaire Thomas	Waterloo West	5'11"	Sr.
Front Line	Audrey Faber	Dowling Catholic	6'1"	Jr.
Back Court	Haley Puk	Waterloo West	6'0"	Sr.
Back Court	Emily Clemens	Muscatine	5'5"	Sr.
Back Court	MaKenzie Meyer	Mason City	5'10"	Soph.
Utility	Dani Franklin	Cedar Rapids Washington	6'1"	Sr.
Utility	Tanya Meyer	Sioux City West	6'0"	Sr.

#### Second Team

Front Line	Reilly Jacobsen	Waukee	6'1"	Soph.
Front Line	Jaali Winters	Ankeny Centennial	6'3"	Jr.
Front Line	Amanda Ollinger	Cedar Rapids Jefferson	6'2"	Soph.
Back Court	Kiera Washpun	Iowa City High	5'6"	Sr.
Back Court	Madi Agey	West Des Moines Valley	5'7"	Sr.
Back Court	Roichelle Marble	Des Moines East	5'7"	Sr.
Utility	Meredith Burkhall	Des Moines Roosevelt	6'2"	Jr.
Utility	Aleena Hobbs	Cedar Rapids Washington	5'10"	Sr.

#### Third Team

Front Line	Madison Wood	Cedar Falls	6'3"	Sr.
Front Line	Morgan Martin	Cedar Rapids Kennedy	6'1"	Sr.
Front Line	Annie Penquite	Southeast Polk	5'10"	Sr.
Back Court	Becca Hittner	Dowling Catholic	6'0"	Soph.
Back Court	Katie Sommer	Linn Marr	5'5"	Sr.
Back Court	Mikaela Morgan	Iowa City West	5'11"	Jr.
Utility	Grace Vander Weide	West Des Moines Valley	5'11"	Jr.
Utility	Myah Mellman	Mason City	5'7"	Sr.