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## 2009 INA ALL-STATE FOOTBALL TEAMS ANNOUNCED

DES MOINES, IA – The Iowa Newspaper Association announced its 2009 All-State Football selections Tuesday, naming honorary captains in classes A, 1A, 2A, 3A, 4A and 8-Man.

Sports writers serving on the INA selection committee which made the team selections were: Adam Wilson, Altoona Herald-Index; Bill Haglund, Adel Dallas Co News; Jim Gries, Oskaloosa Herald; Perry Bell, Pella Chronicle; Ashley Schable, Carroll Daily Times Herald; Lori Wiser, Ocheyedon Press-Melvin News; Jeff Benson, Rock Rapids Lyon County Reporter; Ryan Kronberg, Charles City Press; Matt Gengler, Missouri Valley Times-News; John Jensen, Vinton Cedar Valley Daily Times; Heidi deGier, Oelwein Daily Register; Dan Voigt, Emmetsburg Publishing; Ross Eberhart, DeWitt Observer; Scott Spurgeon, Bloomfield Democrat; Jeff Linder, Cedar Rapids Gazette; Barry Poe, Sioux City Journal; Larry Peterson, Creston News Advertiser; Kevin White, Omaha World-Herald; Greg Granbianowski, Algona Upper Des Moines; Mark Pawlak, Marshalltown Times-Republican; Doug Rieder, Jefferson Herald; Drew Herron, Atlantic News-Telegraph; Mike Oeffner, Harlan Newspapers; Matt Coss, Muscatine Journal; Ben Frotscher, Newton Daily News and Kevin Ritchie, Bedford Times-Press.

The following coaches and representatives of the Iowa Football Coaches Association assisted with statistical information: Ken Winkler, West Marshall; Dave Messerili, Marion; Kreg Lensch, Glidden-Ralston; Tony Perkins, Marion; Brian Wilken, Newell-Fonda; Tom Wilson, Dowling Catholic; Gary Swenson, West Des Moines Valley; Bob McCoy, Bedford; Tom Stone, Pekin; Steve Milder, West Central; Ryan Van Veen, Montezuma; Brian Knott, Missouri Valley; Dave Holdiman, Marshalltown; Tony Lombardi, Cedar Rapids Washington; Matt Oliver, Southeast Warren; Don Hicks, Stanton; Jim Dunne, Grinnell; Jim Womochil, Cedar Rapids Jefferson; John Seiser, Northeast Hamilton; Troy Adams, North Sentral Kossuth and Dar Dahms, PCM.

Players named as captains are:

Selected as captain of the Class 4A All-State team is senior quarterback A.J. Derby. The University of Iowa football recruit led City High to its first state championship since 1996. Derby was 24-1 in his two seasons as the Little Hawks' starting signal caller. Derby threw for more than 1,800 yards and 23 touchdowns. The U.S. Army All-American also rushed for 14 touchdowns and 750 yards.

A future Iowa Hawkeye, Matt Hoch finished his Cyclone gridiron days in championship style this fall, leading Harlan Community (14-0) to its state-leading 12th state football title in Class 3-A. Hoch has been selected as this year's 3-A senior All-State captain by the Iowa Newspaper Association after leading his team in tackles for the third straight year. A 6-foot-4, 245-pound linebacker, Hoch made 137 total stops, including 26 tackles for loss, and also posted career highs with four fumble recoveries and two interceptions. His career defensive numbers include 327 total tackles, 73 tackles for loss, six fumble recoveries and three INT's. Hoch was also a major force at fullback this season. In addition to his valuable lead blocking for tailback Dylan Barrett, Hoch rushed for more than 700 yards, caught 22 passes for 282 yards and scored 11 total touchdowns. The Cyclones fashioned a win-loss record of 34-3 in Hoch's three years as a varsity player. Matt's older brother, Dan, is currently a starting offensive lineman for the Missouri Tigers.

James Morris was named captain of the Class 2A team. Morris, of Solon, helped the Spartans win their third consecutive 2A football title. Morris scored four touchdowns and rushed for 214 yards on 31 carries in the 38-7 championship win over Boyden Hull-Rock Valley. During the season, Morris also stepped in as quarterback for several games to replace an injured Wes Sleeper. Last year's Iowa Gatorade Player of the Year, Morris entered the semifinals with 6,252 career yards (6th), 109 touchdowns (3rd) and 662 points (4th). Known for his ability to shed tacklers on the offensive side, Morris, a University of Iowa recruit, also helped anchor the Solon defense as a linebacker, the position he is expected to play at Iowa. Morris is also an outstanding academic student.

Chosen as captain of the Class 1A team was Jake Waters of Council Bluffs St. Albert. Waters was named the Class 1A first-team quarterback for a third consecutive year. In three years as a starter, he led the Falcons to two state championships and a 37-2 record. For his career, he completed 324 of 496 passes (65.3 percent) for 5,288 yards, with 70 touchdowns and only 13 interceptions. He also carried the ball 381 times for 1,820 yards and 28 scores. As a junior, he was also a starter on St. Albert teams which reached the state tournament in basketball and baseball.

Matthew Schleisman was tabbed Class A INA All-State football captain after helping Southern Cal defend its Class A championship. Schleisman, a two-way standout, caught two touchdown passes in the Mustangs' second consecutive one-point, overtime victory in the title round. He finished the season with 1,097 yards rushing and 10 touchdowns offensively, while pacing the defense with 170 tackles – 110 solo and 60 assisted -- and three interceptions. Schleisman also caught 13 passes for 241 yards and four scores out of the backfield.

Alex Whigham, captain of the 8-Man team, is the first player in Iowa state history to rush for over 4,000 yards and 3,000 yards receiving in any class. He ranks first in career receptions with 191 and third in the nation. With 127 total touchdowns, he comes up second in the state. He has garnered 836 points in his career and is a leader off the field with a 4.0 GPA.

### Class 4A First Team

Offense	Tight End	Ben Boesen	Dowling Catholic, West Des Moines	6-4	185	Jr.
Offense	Wide Receiver	Jarred Carlson	Marshalltown	6-3	177	Sr.
Offense	Wide Receiver	Colin O'Connor	Cedar Rapids, Xavier	6-1	185	Sr.
Offense	Lineman	Tommy Gaul	Dowling Catholic, West Des Moines	6-3	225	Sr.
Offense	Lineman	James Kohler	Ames	6-7	240	Sr.
Offense	Lineman	David Parry	Linn-Mar, Marion	6-3	285	Sr.
Offense	Lineman	Jesse Leyendecker	Iowa City, City High	6-2	285	Sr.
Offense	Lineman	Matt Huffer	Cedar Rapids, Washington	6-7	240	Sr.
Offense	Quarterback	Chanse Creekmur	Marshalltown	6-7	206	Sr.
Offense	Back	Andre Dawson	Cedar Rapids, Washington	6-2	212	Sr.
Offense	Back	Jer Garman	Linn-Mar, Marion	5-9	170	Jr.
Offense	Back	Jevoury Wedderburn	Urbandale	6-1	190	Sr.
Offense	Kicker	Bryan Blazek	Dowling Catholic, West Des Moines	5-11	160	Sr.
Offense	Utility	A.J. Derby	Iowa City, City High	6-4	223	Sr.
Defense	Lineman	David Ryberg	Cedar Rapids, Xavier	5-11	215	Sr.
Defense	Lineman	Spencer Emerson	Dowling Catholic, West Des Moines	6-2	275	Sr.
Defense	Lineman	Nick Kron	Valley, West Des Moines	6-3	230	Sr.
Defense	Lineman	Aaron Gonzalez	Marshalltown	6-0	262	Sr.
Defense	Linebacker	Chad Gilson	Urbandale	6-1	220	Sr.
Defense	Linebacker	Jon Vance	Marshalltown	5-9	190	Sr.
Defense	Linebacker	Saxon Dolan	Cedar Rapids, Washington	5-10	185	Sr.
Defense	Linebacker	James Taylor	Iowa City, City High	5-11	165	Sr.
Defense	Back	David Johnson	Clinton	6-1	200	Sr.
Defense	Back	Ronnie Henderson	Cedar Rapids, Washington	5-9	165	Sr.
Defense	Back	Michael Wetrich	Ottumwa	5-11	150	Sr.
Defense	Punter	Mike Meyer	Dubuque, Wahlert	6-2	170	Sr.
Defense	Utility	Jake Farley	Cedar Falls	6-2	215	Sr.

### Class 4A Second Team

Offense	Tight End	Max Martino	Cedar Rapids, Kennedy	6-5	195	Sr.
Offense	Wide Receiver	John Chelf	Iowa City, City High	5-10	166	Sr.
Offense	Wide Receiver	Drew Zaub	Dowling Catholic, West Des Moines	6-1	180	Sr.
Offense	Lineman	Brandon Jensen	Ankeny	6-4	250	Sr.
Offense	Lineman	Steve Ralston	Clinton	6-1	255	Sr.
Offense	Lineman	Jacob Gannon	Iowa City West	6-6	260	Sr.
Offense	Lineman	Jacob Whaley	Marshalltown	6-4	220	Jr.
Offense	Lineman	Matt Tvedte	Iowa City, City High	6-2	238	Sr.
Offense	Quarterback	Chad Owens	Waukee	5-11	170	Sr.
Offense	Back	Jontel Clayton	Fort Dodge	5-10	185	Jr.
Offense	Back	Michael Chia	Indianola	5-10	195	Sr.
Offense	Back	Ellis Jordan	Iowa City, City High	5-7	180	Sr.
Offense	Kicker	Mitch Amundson	Sioux City East	6-1	200	Sr.
Defense	Lineman	Austin Krick	Clinton	6-2	220	Sr.
Defense	Lineman	Mikal Pepperling	Cedar Falls	6-4	310	Sr.
Defense	Lineman	Isaac Ales	Muscatine	6-2	235	Jr.
Defense	Lineman	Ryan Dahm	Cedar Rapids, Kennedy	6-3	225	Sr.
Defense	Linebacker	Spencer Navin	Dowling Catholic, West Des Moines	6-0	190	Sr.
Defense	Linebacker	Andrew Putz	Ankeny	6-2	220	Sr.
Defense	Linebacker	Daniel Byrne	Bettendorf	6-3	215	Sr.
Defense	Linebacker	Connor Ruzicka	Cedar Rapids, Jefferson	6-0	215	Sr.
Defense	Back	Tyrae Kemp	Des Moines East	5-6	160	Sr.
Defense	Back	Darreus Caston	Fort Dodge	5-8	165	Jr.
Defense	Back	Cole Grewell	Marshalltown	6-0	165	Sr.
Defense	Punter	Kirby Van Der Kamp	Valley, West Des Moines	6-4	170	Sr.

### Class 4A Third Team

Offense	Tight End	Britt Anderson	Sioux City East	5-9	170	Sr.
Offense	Wide Receiver	Blake Skartvedt	Johnston	5-11	165	Sr.
Offense	Wide Receiver	Nick Thimesch	Marshalltown	5-11	150	Sr.
Offense	Lineman	Jake Dix	Cedar Falls	6-2	260	Sr.
Offense	Lineman	Jeremy Jacobsen	Bettendorf	6-4	280	Sr.
Offense	Lineman	Michael Stoker	Johnston	6-6	330	Sr.
Offense	Lineman	Nick Pappas	Mason City	6-1	250	Sr.
Offense	Lineman	Alex Harrington	Fort Dodge	6-4	235	Sr.
Offense	Quarterback	Michael Hudson	Dowling Catholic, West Des Moines	6-2	200	Sr.
Offense	Back	Barkley Hill	Cedar Falls	6-1	189	Soph.
Offense	Back	Tyler Leo	Ankeny	5-10	175	Sr.
Offense	Back	Ryan Byrne	Assumption, Davenport	5-11	195	Sr.
Offense	Kicker	Charlie Bales	Cedar Rapids, Xavier	5-8	165	Sr.
Defense	Lineman	Sam Gervase	Assumption, Davenport	6-3	215	Sr.
Defense	Lineman	Brody Berrie	Bettendorf	6-0	280	Jr.
Defense	Lineman	Aaron Gaynor	Des Moines, North	6-3	215	Sr.
Defense	Lineman	Daniel Wickham	Marshalltown	6-1	245	Sr.
Defense	Linebacker	Nick Reuter	Iowa City, City High	5-11	195	Sr.
Defense	Linebacker	Brock Haas	Dubuque, Hempstead	5-8	195	Sr.
Defense	Linebacker	Jeff Conrad	Cedar Falls	6-3	200	Sr.
Defense	Linebacker	Brandon Abernathy	Indianola	6-2	200	Jr.
Defense	Back	Travis Perry	Urbandale	6-3	190	Jr.
Defense	Back	Matt Ehlers	Dubuque, Hempstead	6-0	175	Sr.
Defense	Back	Derek Temple	Johnston	5-11	175	Sr.
Defense	Punter	Austin Miller	North Scott, Eldridge	6-3	175	Jr.

#### Class 3A First Team

Offense	Tight End	Adam Cave	Harlan	6-3	200	Jr.
Offense	Wide Receiver	Nick Berger	Bishop Heelan Catholic, Sioux City	5-11	165	Sr.
Offense	Wide Receiver	Jared Wauters	Union, La Porte City	6-0	187	Sr.
Offense	Lineman	Kyle Bauer	Carroll	6-2	265	Sr.
Offense	Lineman	Mark Langenfeld	Harlan	6-2	255	Sr.
Offense	Lineman	Brandon Scherff	Denison-Schleswig	6-5	300	Sr.
Offense	Lineman	Austin Blythe	Williamsburg	6-3	275	Jr.
Offense	Lineman	Nathan Seibert	Dallas Center-Grimes	6-0	220	Sr.
Offense	Quarterback	Zach McCabe	Bishop Heelan Catholic, Sioux City	6-7	220	Sr.
Offense	Back	Tanner Susin	Centerville	6-0	221	Sr.
Offense	Back	Dylan Barrett	Harlan	6-0	185	Jr.
Offense	Back	Cord Slaymaker	Williamsburg	5-6	140	Sr.
Offense	Kicker	Dustin Hiserote	Sergeant Bluff-Luton	6-1	190	Sr.
Offense	Utility	Michael Kaufman	Harlan	5-11	155	Sr.
Defense	Lineman	Jordan Thelen	Carroll	6-0	195	Sr.
Defense	Lineman	Ryan Fahn	Harlan	6-4	200	Sr.
Defense	Lineman	Dylan Boyd	New Hampton	6-4	235	Sr.
Defense	Lineman	Zach Brennan	A-D-M, Adel	6-1	215	Sr.
Defense	Linebacker	Ethan Tindall	Clear Lake	6-1	203	Sr.
Defense	Linebacker	Matt Hoch	Harlan	6-4	245	Sr.
Defense	Linebacker	George Wakeman	Bishop Heelan Catholic, Sioux City	6-2	185	Sr.
Defense	Linebacker	Matt Meyers	Pella	6-2	210	Sr.
Defense	Back	Brian Kloewer	Harlan	6-1	190	Sr.
Defense	Back	Dalton Crawford	Grinnell	6-0	175	Sr.
Defense	Back	Jake Kopriva	Clear Lake	5-9	159	Sr.
Defense	Punter	Blaine Forsythe	Pella	6-2	185	Sr.
Defense	Utility	Dylan Blankenship	Glenwood	6-0	220	Sr.

#### Class 3A Second Team

Offense	Tight End	Ryan Hubbell	Marion	6-4	220	Sr.
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Offense	Wide Receiver	Ted Hergert	Clear Creek-Amana	6-1	180	Sr.
Offense	Wide Receiver	Preston Ives	Bishop Heelan Catholic, Sioux City	5-8	155	Sr.
Offense	Lineman	Jordan Youngman	Pella	6-4	275	Sr.
Offense	Lineman	Levi Kellogg	Clear Lake	6-2	200	Sr.
Offense	Lineman	Joel Kane	Marion	5-10	220	Sr.
Offense	Lineman	Logan Goettsch	Central Clinton, Dewitt	6-1	210	Sr.
Offense	Lineman	Adam Praska	Crestwood	6-5	287	Sr.
Offense	Quarterback	Blake Haluska	Carroll	6-4	190	Sr.
Offense	Back	Taylor Goodwin	Ballard, Huxley	5-8	170	Sr.
Offense	Back	Brock Boeding	New Hampton	6-2	214	Sr.
Offense	Back	Logan Pickering	Marion	5-9	170	Sr.
Offense	Kicker	Cody Sacquitene	Decorah	5-9	180	Jr.
Defense	Lineman	Cole Schwarte	Carroll	5-11	220	Sr.
Defense	Lineman	Andy Carman	JSPC, Jefferson	6-2	215	Sr.
Defense	Lineman	Tyler Cutler	Bishop Heelan Catholic, Sioux City	6-5	300	Sr.
Defense	Lineman	Matt Gross	Union, La Porte City	6-1	250	Sr.
Defense	Linebacker	Mike England	Centerville	5-10	184	Sr.
Defense	Linebacker	Jared Weaver	Bishop Heelan Catholic, Sioux City	6-1	205	Sr.
Defense	Linebacker	Dalton Schutjer	Charles City	6-0	192	Sr.
Defense	Linebacker	Brock Weatherman	Ballard, Huxley	5-10	180	Sr.
Defense	Back	Paul Yokas	Oelwein	5-10	191	Sr.
Defense	Back	Josh Alger	Spencer	6-2	170	Sr.
Defense	Back	Kevin Irr	Creston	5-8	160	Sr.
Defense	Punter	Taylor Ostrich	Carroll	6-3	195	Jr.

#### Class 3A Third Team

Offense	Tight End	Austin Bunz	Union, La Porte City	6-4	220	Sr.
Offense	Wide Receiver	Chris Wanless	Decorah	5-11	185	Sr.
Offense	Wide Receiver	Brady Roland	Carlisle			Jr.
Offense	Lineman	Andrew Orey	Boone	6-4	255	Sr.
Offense	Lineman	Cody Foust	Maquoketa	6-5	275	Sr.
Offense	Lineman	Cody Rolfes	Spencer	6-0	245	Sr.
Offense	Lineman	Cory Simms	Glenwood	6-1	225	Sr.
Offense	Lineman	Evan Voelker	Hampton-Dumont	6-3	215	Sr.
Offense	Quarterback	Gavin Glenn	A-D-M, Adel	6-1	165	Soph.
Offense	Back	Clint Ferguson	Vinton-Shellsburg	6-0	190	Sr.
Offense	Back	Taylor Manning	Charles City	5-11	180	Sr.
Offense	Back	Jake O'Polka	Grinnell	6-0	192	Sr.
Offense	Kicker	Wes Anderson	Benton, Van Horne	6-3	185	Sr.
Defense	Lineman	Spencer Hicks	Central Clinton, Dewitt	6-5	300	Sr.
Defense	Lineman	Bryn Gisel	Maquoketa	5-11	180	Sr.
Defense	Lineman	Ryan Hulseberg	Williamsburg	6-2	280	Sr.
Defense	Lineman	Curtis Borts	Nevada	5-11	218	Sr.
Defense	Linebacker	Chet McNeely	Atlantic	6-3	190	Sr.
Defense	Linebacker	Curt Durr	Le Mars	5-10	170	Jr.
Defense	Linebacker	Brandon Lenehan	New Hampton	6-2	210	Jr.
Defense	Linebacker	Zach Twedt	Benton, Van Horne	6-3	205	Jr.
Defense	Back	Nate Wilmes	Carlisle			Jr.
Defense	Back	Davis Bloemendaal	MOC-Floyd Valley	6-0	177	Sr.
Defense	Back	Darian Cotton	Mount Pleasant	6-0	160	Jr.
Defense	Punter	Jake Dunbar	Fairfield	5-9	160	Sr.

#### Class 2A First Team

Offense	Tight End	Jesse Beringer	Cascade, Western Dubuque	5-11	175	Sr.
Offense	Wide Receiver	Tucker Henderson	Davis County, Bloomfield	6-1	180	Sr.
Offense	Wide Receiver	Dylan Hansen	Collins-Maxwell-Baxter	6-1	180	Sr.
Offense	Lineman	Andy Constant	Solon	6-0	200	Sr.

Offense	Lineman	Christian Boehmer	Mid-Prairie, Wellman	6-4	267	Sr.
Offense	Lineman	Gary Balk	North Fayette, West Union	5-10	255	Sr.
Offense	Lineman	Jeff Van Den Top	Boyden-Hull-Rock Valley	6-5	230	Sr.
Offense	Lineman	Evan Constant	Solon	6-1	205	Sr.
Offense	Quarterback	Josh Vander Maten	Boyden-Hull-Rock Valley	6-3	190	Sr.
Offense	Back	James Morris	Solon	6-1	210	Sr.
Offense	Back	Tanner Miller	Mid-Prairie, Wellman	6-2	185	Sr.
Offense	Back	Tanner Mork	North Fayette, West Union	5-10	200	Sr.
Offense	Kicker	Marshall Koehn	Solon	5-10	160	Jr.
Offense	Utility	Drake Ferch	West Marshall, State Center	6-0	191	Sr.
Defense	Lineman	Jared Henkenius	Kuemper Catholic, Carroll	6-1	230	Jr.
Defense	Lineman	Anthony Harrington	Pocahontas Area/Pomeroy-Palmer	6-0	185	Sr.
Defense	Lineman	Rick Blake	IKM-Manning	6-2	178	Sr.
Defense	Lineman	Braden Lehman	Regina, Iowa City	6-6	209	Jr.
Defense	Linebacker	Nick Monzu	Missouri Valley	6-0	190	Sr.
Defense	Linebacker	Andy Ashton	Solon	5-10	190	Sr.
Defense	Linebacker	Nate Van Ginkel	Boyden-Hull-Rock Valley	6-0	175	Sr.
Defense	Linebacker	Brad Ringhofer	Osage	5-10	189	Sr.
Defense	Back	Tom Nesvik	North Fayette, West Union	5-11	175	Sr.
Defense	Back	J.T. Lee	Osage	5-8	145	Sr.
Defense	Back	Bryce Irlbeck	IKM-Manning	5-10	188	Sr.
Defense	Punter	Kyle Holmes	Wilton	6-2	175	Sr.
Defense	Utility	Jerad Croghan	IKM-Manning	6-1	184	Sr.

#### Class 2A Second Team

Offense	Tight End	Jake Holsteen	Mediapolis	6-3	190	Sr.
Offense	Wide Receiver	Derrick Loveless	Solon	6-2	190	Jr.
Offense	Wide Receiver	Kyle Schuck	Cherokee, Washington	6-2	175	Sr.
Offense	Lineman	Michael Fox	Missouri Valley	6-1	240	Sr.
Offense	Lineman	Zach Boyer	Eagle Grove	6-0	240	Jr.
Offense	Lineman	Brock Dagle	Cherokee, Washington	6-8	240	Jr.
Offense	Lineman	Rick Maynard	Maple Valley-Anthon Oto	6-3	210	Sr.
Offense	Lineman	Jon Rogers	Osage	6-2	230	Sr.
Offense	Quarterback	Coleton Mathews	Davis County, Bloomfield	6-2	200	Sr.
Offense	Back	Theo Bartman	Western Christian, Hull	6-2	200	Sr.
Offense	Back	Evan Ressler	Cascade, Western Dubuque	6-0	200	Sr.
Offense	Back	Cole Jackson	Gilbert	6-1	238	Sr.
Offense	Kicker	Daniel Larew	Regina, Iowa City	5-9	170	Jr.
Defense	Lineman	Colton Hill	North Polk, Alleman	5-11	177	Jr.
Defense	Lineman	T.J. Bruch	Kuemper Catholic, Carroll	6-1	240	Sr.
Defense	Lineman	Jake Kent	East Sac County	6-3	195	Sr.
Defense	Lineman	Stewart Hollaway	West Burlington	6-2	208	Sr.
Defense	Linebacker	Sam Upah	East Marshall	6-0	190	Sr.
Defense	Linebacker	Kevin Arnold	Regina, Iowa City	6-3	222	Sr.
Defense	Linebacker	Blake Wulf	Mediapolis	6-1	200	Sr.
Defense	Linebacker	Bret Doorenbos	Sheldon	6-3	220	Sr.
Defense	Back	Ethan Schmidt	Collins-Maxwell-Baxter	6-0	175	Sr.
Defense	Back	Dalton Ferch	West Marshall, State Center	5-11	163	Soph.
Defense	Back	Andrew Schilling	West Burlington	6-0	160	Sr.
Defense	Punter	Joe Weber	Dike-New Hartford	5-9	155	Sr.

#### Class 2A Third Team

Offense	Tight End	Mitch Schmitt	Sumner-Fredricksburg	6-1	180	Sr.
Offense	Wide Receiver	Bryce Groeneweg	Western Christian, Hull	6-3	180	Sr.
Offense	Wide Receiver	Jordan Dykstra	Boyden-Hull-Rock Valley	6-9	210	Sr.
Offense	Lineman	Andrew Nodvedt	Central Springs, Manly	6-2	210	Jr.

Offense	Lineman	Kalvin Hill	Davis County, Bloomfield	6-1	205	Sr.
Offense	Lineman	Zach Leonard	Collins-Maxwell-Baxter	5-11	245	Sr.
Offense	Lineman	Jason Pomerence	Sioux Center	6-5	300	Sr.
Offense	Lineman	Jason Opperman	IKM-Manning	6-2	189	Sr.
Offense	Quarterback	Randy Wooster	Eagle Grove	6-2	200	Sr.
Offense	Back	Jared Eichelberger	Columbus, Columbus Junction	5-10	190	Sr.
Offense	Back	Chaps Wilcke	OA-BCIG	5-10	185	Sr.
Offense	Back	Nick George	Bondurant-Farrar	6-0	195	Sr.
Offense	Kicker	K.J. Abernathy	North Fayette, West Union	5-10	180	Sr.
Defense	Lineman	Dalton Jacobson	Sumner-Fredricksburg	5-11	197	Sr.
Defense	Lineman	Caleb Peterson	Pocahontas Area/Pomeroy-Palmer	6-3	220	Sr.
Defense	Lineman	Logan Schachtner	Humboldt	6-2	230	Sr.
Defense	Lineman	Nick Creery	North Fayette, West Union	6-3	210	Sr.
Defense	Linebacker	Zach Fligg	Davis County, Bloomfield	5-8	155	Jr.
Defense	Linebacker	Bryce Olson	Eagle Grove	6-3	195	Sr.
Defense	Linebacker	Micah Berg	Mid-Prairie, Wellman	6-1	200	Sr.
Defense	Linebacker	Brandon Burkhart	Maple Valley-Anthon Oto	6-4	190	Sr.
Defense	Back	Jacob Edleman	North Cedar, Stanwood	6-0	165	Sr.
Defense	Back	Jonathan Lopez	West Liberty	5-9	160	Sr.
Defense	Back	Kyle Brummel	Western Christian, Hull	6-0	165	Sr.
Defense	Punter	Zachary Antle	North Polk, Alleman	6-2	180	Sr.

#### Class 1A First Team

Offense	Tight End	Mike Martin	Prairie Valley, Gowrie	6-2	180	Sr.
Offense	Wide Receiver	Zach Steinhoff	Manson Northwest Webster	6-2	175	Sr.
Offense	Wide Receiver	Steve O'Neill	St. Albert, Council Bluffs	5-11	165	Jr.
Offense	Lineman	Jack Rummells	West Branch	6-4	250	Sr.
Offense	Lineman	Justin Brinkman	Prairie Valley, Gowrie	6-3	220	Sr.
Offense	Lineman	Ethan Kroll	Hinton	6-3	223	Sr.
Offense	Lineman	Kyle Scholten	West Lyon, Inwood	6-4	225	Sr.
Offense	Lineman	John Ruddy	Emmetsburg	6-4	230	Sr.
Offense	Quarterback	Jake Waters	St. Albert, Council Bluffs	6-2	195	Sr.
Offense	Back	Alex Hornbuckle	Aplington-Parkersburg	6-0	185	Sr.
Offense	Back	Jesse Selgeby	West Lyon, Inwood	5-9	165	Sr.
Offense	Back	Cole Kelly	West Branch	6-0	180	Sr.
Offense	Kicker	Gabe Meis	St. Albert, Council Bluffs	6-0	170	Jr.
Offense	Utility	Jordan Andera	South Winneshiek	6-1	185	Sr.
Defense	Lineman	Evan Mikels	Logan-Magnolia	6-2	217	Jr.
Defense	Lineman	Eric Golwitzer	St. Albert, Council Bluffs	6-2	195	Sr.
Defense	Lineman	Scott Becker	Aplington-Parkersburg	6-1	215	Sr.
Defense	Lineman	Wes Homeister	Denver	5-10	160	Sr.
Defense	Linebacker	Lucas Geneser	Woodward-Granger	6-1	190	Sr.
Defense	Linebacker	Kyle Twait	Manson Northwest Webster	6-3	209	Sr.
Defense	Linebacker	Tanner Hogeman	South Winneshiek, Calmar	6-1	205	Sr.
Defense	Linebacker	Seth Vande Voort	Des Moines Christian	6-0	215	Sr.
Defense	Back	Alex Maule	West Monona, Onawa	6-0	180	Sr.
Defense	Back	Logan Einck	South Winneshiek, Calmar	6-3	180	Sr.
Defense	Back	Logan Keehner	Clayton Ridge, Guttenberg	6-2	200	Sr.
Defense	Punter	Levi Ross	Grundy Center	5-9	160	Sr.
Defense	Utility	Andrew Brown	St. Albert, Council Bluffs	5-11	180	Sr.

#### Class 1A Second Team

Offense	Tight End	Levi Ettleman	Logan-Magnolia	6-3	234	Jr.
Offense	Wide Receiver	Josh Thompson	Garner-Hayfield	6-2	170	Jr.
Offense	Wide Receiver	Mitch Balik	Turkey Valley, Jackson Junction	6-3	210	Sr.
Offense	Lineman	Andy Wuebker	Emmetsburg	6-3	290	Sr.
Offense	Lineman	Josh Steinberg	Saint Ansgar	6-3	260	Sr.
Offense	Lineman	Tucker Kehoe	Prairie Valley, Gowrie	6-2	245	Jr.

Offense	Lineman	Michael Mardesen	Griswold	5-11	190	Sr.
Offense	Lineman	Wayne Toft	West Sioux, Hawarden	6-3	240	Sr.
Offense	Quarterback	Cole Jaeschke	Prairie Valley, Gowrie	6-2	170	Sr.
Offense	Back	Joey Naig	Emmetsburg	5-10	185	Sr.
Offense	Back	Jon Elmore	Prairie Valley, Gowrie	5-9	170	Sr.
Offense	Back	Jacob Batterson	Eddyville-Blakesburg	5-11	185	Sr.
Offense	Kicker	Steve Topete	West Sioux, Hawarden	5-6	145	Jr.
Defense	Lineman	Nick Lantz	Prairie Valley, Gowrie	6-0	220	Sr.
Defense	Lineman	Howard Henkelvig	Emmetsburg	5-10	175	Sr.
Defense	Lineman	Steven Messerschmidt	Tri-Center, Neola	6-3	235	Sr.
Defense	Lineman	Matthew Schmelzer	South Winneshiek, Calmar	5-10	195	Jr.
Defense	Linebacker	Jason Frain	Riverside, Oakland	6-0	180	Sr.
Defense	Linebacker	Jake Brekken	Lake Mills	6'0	210	Sr.
Defense	Linebacker	Brendan Ter Wee	West Lyon, Inwood	5-11	235	Jr.
Defense	Linebacker	Michael Doster	St. Edmond, Fort Dodge	5-10	180	Sr.
Defense	Back	Zach Brehmer	Panorama, Panora	6-0	170	Sr.
Defense	Back	Dalton Stone	Pekin	5-10	170	Sr.
Defense	Back	Justin Wohlert	Hartley-Melvin-Sanborn	5-8	160	Jr.
Defense	Punter	Danny Sender	South Winneshiek, Calmar	5-11	185	Sr.

#### Class 1A Third Team

Offense	Tight End	Chris Janss	Belle Plaine	6-2	175	Sr.
Offense	Wide Receiver	Jacob LaFayette	Wapello	5-11	165	Jr.
Offense	Wide Receiver	Trevor Hook	Grundy Center	6-6	200	Sr.
Offense	Lineman	Austin Adam	Pekin	6-1	220	Sr.
Offense	Lineman	Logan Christofferson	Panorama, Panora	6-2	230	Sr.
Offense	Lineman	Tony Barry	Starmont	6-3	260	Sr.
Offense	Lineman	Sean Blake	Denver	6-3	260	Sr.
Offense	Lineman	Jed Johnson	Lake Mills	6-1	240	Jr.
Offense	Quarterback	Taylor Jacobsmeier	Wapello	6-1	160	Sr.
Offense	Back	Josh Treybal	Hartley-Melvin-Sanborn	6-1	215	Jr.
Offense	Back	Jordan Davis	Clayton Ridge, Guttenberg	6-0	190	Sr.
Offense	Back	Christian Van Scyoc	Griswold	5-10	220	Sr.
Offense	Kicker	Brandon Young	West Branch			Soph.
Defense	Lineman	Kyle Hoffman	Northeast, Goose Lake	6-3	215	Jr.
Defense	Lineman	Dylan Lame	Mount Ayr	5-11	300	Sr.
Defense	Lineman	Tyler Bos	West Lyon, Inwood	6-7	295	Sr.
Defense	Lineman	Tanner Knop	Hinton	6-3	196	Sr.
Defense	Linebacker	Tommy Kuecker	Emmetsburg	6-2	180	Sr.
Defense	Linebacker	Ian Halliday	Saint Ansgar	6-2	197	Sr.
Defense	Linebacker	Bret Nieuwsma	Pella Christian	6-0	185	Jr.
Defense	Linebacker	Mike Mesheid	North-Linn, Troy Mills	6-2	205	Sr.
Defense	Back	Sam Tvedt	Pella Christian	5-8	170	Jr.
Defense	Back	Austin Ryan	Aplington-Parkersburg	5-7	155	Jr.
Defense	Back	Jed Rogis	Northeast, Goose Lake	6-3	185	Sr.
Defense	Punter	Ryan Mayfield	Woodward-Granger	5-9	170	Jr.

#### Class A First Team

Offense	Tight End	Jordan Hensely	Earlham	6-0	175	Sr.
Offense	Wide Receiver	Gunner Gilland	A-H-S-T, Avoca	6-0	186	Sr.
Offense	Wide Receiver	Andrew Stone	Northern University High, Cedar Falls	5-11	153	Jr.
Offense	Lineman	Eric Simmons	Madrid	6-3	245	Jr.
Offense	Lineman	Blake Goodenbour	East Buchanan, Winthrop	6-4	230	Sr.
Offense	Lineman	Zach Schmidt	Wapsie Valley, Fairbank	6-4	240	Sr.
Offense	Lineman	Cole Blair	Southern Cal, Lake City	6-0	214	Jr.
Offense	Lineman	Will Martin	Newman Catholic, Mason City	6-1	200	Sr.
Offense	Quarterback	Seth Enke	A-H-S-T, Avoca	6-1	165	Sr.
Offense	Back	Louie Wickett	Madrid	5-10	175	Sr.

Offense	Back	Dylan Youel	North Tama, Traer	6-3	205	Sr.
Offense	Back	Austin Klett	Clay Central-Everly	6-3	190	Sr.
Offense	Kicker	Troy Friederich	Postville	5-10	165	Sr.
Offense	Utility	Greg Meyer	Southern Cal, Lake City	5-10	183	Sr.
Defense	Lineman	J.J. Little	Wapsie Valley, Fairbank	6-1	240	Sr.
Defense	Lineman	Matt Popelka	North Tama, Traer	6-2	220	Sr.
Defense	Lineman	Mike Sievers	Madrid	6-6	235	Jr.
Defense	Lineman	Cole Heissel	Gehlen Catholic, Le Mars	6-6	240	Sr.
Defense	Linebacker	Grant Vesley	North Tama, Traer	6-2	210	Sr.
Defense	Linebacker	Jordan Walston	Bedford	5-11	162	Jr.
Defense	Linebacker	Jake Camp	Van Meter	6-3	200	Sr.
Defense	Linebacker	Johnny Hines	Northern University High, Cedar Falls	6-2	204	Sr.
Defense	Back	Christopher Carlson	Akron-Westfield	6-0	190	Sr.
Defense	Back	James Weida	North Tama, Traer	6-1	160	Sr.
Defense	Back	Robbie Quintero	Newman Catholic, Mason City	5-7	145	Jr.
Defense	Punter	Damon Bryan	Montezuma	6-2	245	Sr.
Defense	Utility	Matthew Schleisman	Southern Cal, Lake City	5-10	170	Sr.

#### Class A Second Team

Offense	Tight End	Lucas Hefty	North Tama, Traer	6-4	185	Jr.
Offense	Wide Receiver	Denzel VanSant	BGM, Brooklyn	6-3	170	Sr.
Offense	Wide Receiver	Michael Plasencia	Van Meter	5-9	145	Sr.
Offense	Lineman	Drew Kellen	Gehlen Catholic, Le Mars	6-4	196	Sr.
Offense	Lineman	Evan McCarty	Clay Central-Everly	5-10	175	Jr.
Offense	Lineman	Jawanzaa Holmes	Northern University High, Cedar Falls	5-11	295	Sr.
Offense	Lineman	Justin Peterson	Northwood-Kensett	6-2	235	Sr.
Offense	Lineman	John Sims	North Mahaska, New Sharon	6-2	210	Sr.
Offense	Quarterback	Taylor Wurth	Gehlen Catholic, Le Mars	6-2	175	Jr.
Offense	Back	Jordon Gerbracht	East Buchanan, Winthrop	6-2	195	Sr.
Offense	Back	Zack Tade	Central, Elkader	5-5	175	Jr.
Offense	Back	Travis Dougherty	Bedford	5-10	151	Jr.
Offense	Kicker	Sean Wells	Colo-Nesco	6-2	220	Sr.
Defense	Lineman	Nolan Long	Treynor	6-1	210	Sr.
Defense	Lineman	Keith Holm	Southern Cal, Lake City	6-3	240	Jr.
Defense	Lineman	Alan Julius	Newman Catholic, Mason City	6-1	195	Sr.
Defense	Lineman	David Klingman	Central, Elkader	6-4	195	Sr.
Defense	Linebacker	Cody Campbell	Gehlen Catholic, Le Mars	6-0	179	Sr.
Defense	Linebacker	Kyle Hawkins	BGM, Brooklyn	6'0	225	Jr.
Defense	Linebacker	Grant DeRocher	Akron-Westfield	5-11	185	Sr.
Defense	Linebacker	Tyson Werner	Northwood-Kensett	6-0	195	Sr.
Defense	Back	Jalen Barnes	Northern University High, Cedar Falls	5-9	158	Sr.
Defense	Back	Richie Vickers	North Butler, Greene	6-2	175	Sr.
Defense	Back	Jackie Moore	Lone Tree	5-7	145	Sr.
Defense	Punter	John Kruckenberg	Postville	5-10	145	Sr.

#### Class A Third Team

Offense	Tight End	Austin Aldrich	GMG, Garwin	6-0	185	Sr.
Offense	Wide Receiver	Caleb Edwards	North Tama, Traer	5-10	170	Sr.
Offense	Wide Receiver	Hunter Nelsen	A-H-S-T, Avoca	5-11	165	Jr.
Offense	Lineman	Tyler Ahrends	Madrid	6-4	250	Jr.
Offense	Lineman	Marcus Benton	Van Meter	6-2	210	Jr.
Offense	Lineman	Michael Overhulser	WACO, Wayland	6-2	225	Sr.
Offense	Lineman	Gage Fell	A-H-S-T, Avoca	5-11	180	Sr.
Offense	Lineman	Ben Krull	GMG, Garwin	5-11	200	Sr.
Offense	Quarterback	Kyle Denning	Northern University High, Cedar Falls	5-11	146	Jr.
Offense	Back	Timon Bell	Madrid	5-10	175	Jr.
Offense	Back	Ben Buffington	Newman Catholic, Mason City	6-0	160	Jr.
Offense	Back	Michael Rathe	Wapsie Valley, Fairbank	6-1	180	Sr.



Offense	Kicker	Jordan Sitzmann	Gehlen Catholic, Le Mars	6-1	174	Sr.
Defense	Lineman	Justin Hoffman	Boyer Valley, Dunlap	6-3	281	Sr.
Defense	Lineman	Dalton Rucker	Bedford	6-1	190	Jr.
Defense	Lineman	Mike Long	BGM, Brooklyn	5-11	190	Sr.
Defense	Lineman	Brandon Imoehl	Postville	6-2	220	Soph.
Defense	Linebacker	Tad Morrow	WACO, Wayland	6-3	205	Sr.
Defense	Linebacker	Schuyler Radke	Alta	5-11	160	Sr.
Defense	Linebacker	Dakoda Flory	Highland, Riverside	6-1	180	Sr.
Defense	Linebacker	Matt Backes	Central, Elkader	5-10	177	Jr.
Defense	Back	Garrett Ogan	Montezuma	5-10	150	Jr.
Defense	Back	Joe Ory	Earlham	5-10	180	Sr.
Defense	Back	Tanner Eichelberger	A-H-S-T, Avoca	5-9	170	Sr.
Defense	Punter	Brett Capesius	Bishop Garrigan, Algona	6-2	170	Sr.

#### 8-Man First Team

Offense	Wide Receiver	Tyler Boeke	Coon Rapids-Bayard	6-1	180	Sr.
Offense	Wide Receiver	Alex Whigham	Stanton	6-2	185	Sr.
Offense	Lineman	Andrew Williams	West Central Maynard	6-3	270	Sr.
Offense	Lineman	Lucas Oster	Stanton	6-2	290	Sr.
Offense	Lineman	Logan Johnson	North Sentral Kossuth	6-2	235	Sr.
Offense	Quarterback	Tim Olejniczak	Ankeny Christian	5-11	165	Jr.
Offense	Back	Tyler Tonderum	Armstrong-Ringsted	5-10	190	Sr.
Offense	Back	Nate Howard	Graettinger-Terril	6-0	225	Jr.
Offense	Back	Eric Hensley	Lenox	6-0	210	Sr.
Offense	Kicker	Ryan Sikora	Ruthven-Ayrshire	6-4	175	Sr.
Offense	Utility	Austin Ayers	Adair-Casey	5-7	150	Sr.
Defense	Lineman	Jay Nissen	Corwith-Wesley-LuVerne	6-7	230	Sr.
Defense	Lineman	Lucas Dalton	Lenox	5-8	160	Jr.
Defense	Lineman	Craig Tigges	Armstrong-Ringsted	6-3	195	Sr.
Defense	Linebacker	Levi Peters	Twin River Valley, Bode	6-2	165	Jr.
Defense	Linebacker	Austin Hughes	Preston	6-2	220	Sr.
Defense	Linebacker	Jon Meyers	Coon Rapids-Bayard	6-3	215	Sr.
Defense	Back	Jaxson Armstrong	CAM, Anita	6-0	185	Sr.
Defense	Back	Blake Pedersen	North Sentral Kossuth	5-10	175	Sr.
Defense	Punter	Jacob Esdohr	Coon Rapids-Bayard	5-9	160	Jr.
Defense	Utility	Trey Seiser	Northeast Hamilton, Blairsburg	6-5	212	Sr.

#### 8-Man Second Team

Offense	Wide Receiver	Mason Nielsen	Central City	6-1	175	Sr.
Offense	Wide Receiver	Brock Beadle	North Sentral Kossuth	6-1	175	Sr.
Offense	Lineman	Ethan Jensen	Armstrong-Ringsted	5-10	300	Sr.
Offense	Lineman	Luke Wilhite	Corwith-Wesley-LuVerne	6-2	200	Sr.
Offense	Lineman	Dayton Amdor	CAM, Anita	6-4	205	Sr.
Offense	Quarterback	Tanner Stubbendeck	Stanton	6-0	185	Sr.
Offense	Back	Jason Carroll	Corwith-Wesley-LuVerne	5-10	175	Jr.
Offense	Back	Kyle Feller	Preston	5-11	170	Sr.
Offense	Back	Seth McGowan	Northeast Hamilton, Blairsburg	5-7	165	Sr.
Offense	Kicker	Connor Lange	Lenox	6-4	200	Sr.
Defense	Lineman	Andy Thomas	Tri-County, Thornburg	5-10	170	Sr.
Defense	Lineman	Joe Manning	Kee, Lansing	6-4	250	Sr.
Defense	Lineman	Dylan Larson	East Mills	6-4	240	Sr.
Defense	Linebacker	Dillan Hamilton	Walnut	5-11	180	Sr.
Defense	Linebacker	Billy Steichen	Saint Marys, Remsen	6-1	210	Jr.
Defense	Linebacker	Austin Rogers	Tri-County, Thornburg	5-7	160	Sr.
Defense	Back	Eric Hatland	Graettinger-Terril	6-0	160	Jr.
Defense	Back	Ike Schmidt	Tri-County, Thornburg	5-9	160	Sr.
Defense	Punter	Jake Bolton	East Mills	6-3	185	Sr.

## 8-Man Third Team

Offense	Wide Receiver	Luke Symonds	CAM, Anita	5-8	165	Sr.
Offense	Wide Receiver	Clint Wetterling	Melcher-Dallas	6-0	140	Sr.
Offense	Lineman	Shawn Assenmacher	Preston	5-11	175	Sr.
Offense	Lineman	Alex Pace	Harmony, Farmington	6-3	275	Sr.
Offense	Lineman	Matt Kilworth	Elk Horn-Kimballton/Exira	6-4	215	Sr.
Offense	Quarterback	Carson Smith	Elk Horn-Kimballton/Exira	6-2	185	Sr.
Offense	Back	Colt Brumbaugh	Tri-County, Thornburg	5-8	165	Sr.
Offense	Back	Triston Crouch	Sidney	5-10	170	Sr.
Offense	Back	Kaleb Buhrow	West Central, Maynard	5-10	155	Sr.
Offense	Kicker	Ethan Eisenbacher	Armstrong-Ringsted	6-2	170	Sr.
Defense	Lineman	Tyler McCorkle	Adair Casey	5-11	205	Sr.
Defense	Lineman	Landon Maynes	Lenox	6-0	200	Jr.
Defense	Lineman	Lee Schon	Glidden-Ralston	6-1	190	Sr.
Defense	Linebacker	Andy Harmsen	Ankeny Christian	5-11	170	Sr.
Defense	Linebacker	Andy Reisenberg	West Bend-Mallard	6-2	190	Sr.
Defense	Linebacker	Ryan Fouts	Woodbine	6-1	180	Sr.
Defense	Back	Austin Hancock	Lenox	5-7	175	Jr.
Defense	Back	Trevor Rigdon	Dunkerton	5-10	180	Sr.
Defense	Punter	Russell Hemeter	Farragut	5-10	155	Sr.