

ATTN: EDITORS

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### INA Announces 2009 All-State Selections for Girls Basketball

The Iowa Newspaper Association announced its 2009 All-State Girls Basketball teams for Class 4A, 3A, 2A and 1A Tuesday, naming Amanda Zimmerman of Ballard High School as "Miss Basketball." For the Iowa State-bound recruit Zimmerman, March 7, 2009 is likely to be one of the most memorable days of her high school career. Early Saturday a panel of sportswriters from across the state named the 6-2 senior from Ballard as Iowa Miss Basketball 2009 after selecting her as a Class 3A First Team All-Stater for the fourth consecutive season. Later that evening she helped lead the Bombers to an elusive state championship, a goal she had seen slip away after helping Ballard qualify for the state tourney each of the past three years.

Zimmerman scored 16.1 points per game this season while pulling down 6.2 rebounds per outing. She averaged 2.1 blocks, 1.6 steals and 1.1 assists per contest.

Sports writers in attendance: Lori Wiser, Ocheyedon Press-Melvin News; Jim Gries, Oskaloosa Herald; Doug Dornath, Marengo Pioneer-Republican; Beth Lutgen, Dyersville Commercial; Jeff Webster, Perry Chief; Ryan Kronberg, Charles City Press; Jeff Linder, Cedar Rapids Gazette; Mark Pawlak, Marshalltown Times Republican; Matt Gengler, Missouri Valley Times; Kevin White, Omaha World-Herald; Barry Poe, Sioux City Journal; Ross Eberhart, DeWitt Observer; Mike Helle, Pella Chronicle; Troy Hyde, Newton Daily News; Ben Frotscher, Newton Daily News; Kelly Beaton, Waterloo Courier; John Jensen, Vinton Cedar Valley Times; Scott Spurgeon, Bloomfield Democrat and Greg Grabianowski, Algona Upper Des Moines.

Coaches also in attendance: Brad Sudol, Algona; BJ Mayer, Iowa City West; Adam DeJoode, Southeast Polk, Brian Wheatley, North Linn; Dennis Duggan, Hudson; David Dowling, Sidney; Shelley Becker, Kuemper Catholic (Carroll); and Don Logan, Iowa Basketball Coaches Association.

#### First Team – Class 1A

Front line	Lindsay Hoehns	Twin Cedars	5-9	Jr.
Front line	Jessica McDowell	AGWSR	6-0	Sr.
Front line	Hallie Christofferson	Exira	6-5	Jr.
Back court	Briana Schaeuble	Kingsley-Pierson	6-1	Sr.
Back court	Holly Hinderman	Newman Catholic	5-10	Sr.
Back court	Alyssa Schwartz	WCLT	5-8	Sr.
Utility	Katie Eiben	Springville	6-2	Sr.
Utility	Emily Wenstrand	Essex	5-9	Sr.

#### Second Team – Class 1A

Front line	Macy Ubben	AGWSR	6-2	Sr.
Front line	Joscelyn Coleman	Essex	5-10	Jr.
Front line	Kate Hartman	Northwood-Kensett	6-1	Jr.
Back court	Marla Metzger	Valley Community	5-4	Sr.
Back court	Jordan Henningsen	Alta	5-7	Soph.
Back court	Molly Boylan	Exira	5-7	Sr.
Utility	Sarah Davidson	Springville	5-11	Sr.
Utility	Malarie Gilley	East Greene	6-1	Jr.

Third Team – Class 1A

Front line	Abbie Grote	Odebolt-Arthur	5-8	Sr.
Front line	Mackenzie Morrison	Martensdale-St. Marys	6-4	Soph.
Front line	Tiffany Bormann	Preston	6-1	Sr.
Back court	Molly Bolt	Janesville	5-8	Sr.
Back court	Ciara Allen	New London	5-5	Sr.
Back court	Elizabeth Schroeder	North Butler	5-10	Sr.
Utility	Shelby Nagel	George-Little Rock	5-8	Sr.
Utility	Kadie Subbert	Stanton	5-11	Soph.

First Team – Class 2A

Front line	Katie Schechinger	IKM-Manning	6-3	Sr.
Front line	Amber Kirschbaum	Spirit Lake	6-0	Sr.
Front line	Chelsea Poppens	Aplington-Parkersburg	6-2	Sr.
Back court	Kendra DeJong	Unity Christian	5-11	Sr.
Back court	Alicia Goetz	Tipton Community	5-6	Sr.
Back court	Tamie Drees	Kuemper Catholic	5-9	Sr.
Utility	Emily Blietz	MFL-Mar-Mac	5-10	Sr.
Utility	Amy Dentlinger	Kuemper Catholic	6-1	Sr.

Second Team – Class 2A

Front line	Mika Rodewald	Manson-Northwest Webster	6-1	Jr.
Front line	Chanda Goedken	Cascade	5-11	Sr.
Front line	Bailey Halbur	IKM-Manning	6-1	Sr.
Back court	Megan Howard	North Polk	5-6	Jr.
Back court	Bobbi McManaman	West Sioux	5-8	Sr.
Back court	Lindsey Vande Wall	PCM	5-8	Sr.
Utility	Taylor Smith	Central Decatur	5-9	Sr.
Utility	Hannah Redenius	Battle Creek-Ida Grove	5-7	Sr.

Third Team – Class 2A

Front line	Tessa Westpfahl	Jesup	5-8	Sr.
Front line	Nicole Strasko	Roland-Story	5-8	Sr.
Front line	Jessica Ackerman	Sibley-Ocheyedan	6-0	Jr.
Back court	Mackenzie Small	Hinton	5-9	Jr.
Back court	Elly Argenbright	Panorama	5-4	Jr.
Back court	Miley Hunziker	Okoboji	5-11	Sr.
Utility	Ali Browning	Regina (Iowa City)	6-0	Jr.
Utility	Ashley Hagedorn	IKM-Manning	5-9	Jr.

First Team – Class 3A

Front line	Amanda Zimmerman	Ballard	6-2	Sr.
Front line	Kristen Lipps	Algona	5-11	Jr.
Front line	Alyson Spinass-Valainis	Assumption (Davenport)	6-3	Jr.
Back court	Brittany Peterson	Spencer	5-10	Sr.
Back court	Carli Tritz	Bishop Heelan Catholic	5-10	Jr.
Back court	Morgan Paige	Marion	5-9	Jr.

Utility	Taylor Greenfield	Ballard	6-1	Soph.
Utility	Lindsay Smith	Central Clinton	5-10	Soph.

Second Team – Class 3A

Front line	Brooke Gritters	Pella	6-0	Sr.
Front line	Mary Halvorson	Waukon	6-0	Jr.
Front line	Amber Leinen	Harlan	5-11	Sr.
Back court	Sam Abens	Knoxville	5-5	Jr.
Back court	Laura TerHark	Algona	5-5	Soph.
Back court	Ally Jensen	Ballard	5-7	Sr.
Utility	Millie Niggeling	Bishop Heelan Catholic	6-1	Jr.
Utility	Slone Masters	Storm Lake	5-9	Jr.

Third Team – Class 3A

Front line	Sam Meyer	Williamsburg	5-11	Sr.
Front line	Natalie Hackbarth	Algona	6-2	Jr.
Front line	Karissa Shindelar	Decorah	6-1	Sr.
Back court	Kirstin Nelson	Oelwein	5-8	Sr.
Back court	Ashton Yossi	Dallas Center-Grimes	5-8	Soph.
Back court	Abby Mendlik	Denison-Schleswig	5-6	Sr.
Utility	Sam Rinehart	Marion	5-10	Sr.
Utility	Chandra Hampton	Hampton-Dumont	5-8	Jr.

First Team – Class 4A

Front line	Kiah Stokes	Linn-Mar	6-3	Soph.
Front line	Jade Rogers	Kennedy (Cedar Rapids)	5-11	Jr.
Front line	Jalyssa Ceasar	North (Sioux City)	5-10	Sr.
Back court	Jaime Printy	Linn-Mar	5-11	Sr.
Back court	Trisha Nesbitt	Ames	5-7	Sr.
Back court	Riley Norman	Roosevelt (Des Moines)	6-1	Jr.
Utility	Virginia Johnson	Iowa City High	6-1	Soph.
Utility	Jamie Elbert	Indianola	5-7	Sr.

Second Team – Class 4A

Front line	Kionna Kellogg	Ames	6-1	Jr.
Front line	Camille Marie-Lidd	Washington (Cedar Rapids)	6-1	Sr.
Front line	Amy Vos	Newton	5-11	Sr.
Back court	Brittni Donaldson	North (Sioux City)	5-7	Soph.
Back court	Amber Harrington	North (Davenport)	5-9	Jr.
Back court	Kyley Simmons	Lewis Central	5-7	Soph.
Utility	Emma Krieger-Kittle	West (Iowa City)	6-0	Sr.
Utility	Laura Johnson	Cedar Falls	5-11	Sr.

Third Team – Class 4A

Front line	Megan Hogg	Waukee	6-0	Jr.
Front line	Emily Guenther	Southeast Polk	6-1	Sr.
Front line	Mariasha Wright	East (Des Moines)	6-1	Soph.
Back court	Mariah Duke	Kennedy (Cedar Rapids)	5-7	Jr.

Back court	Jordyn Thompson	Newton	5-9	Sr.
Back court	Kate Nielsen	Johnston	5-10	Sr.
Utility	Brianna Mozer	East (Sioux City)	5-10	Sr.
Utility	Jadyn Spencer	West (Waterloo)	5-10	Soph.