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2008 INA ALL-STATE FOOTBALL TEAMS ANNOUNCED

DES MOINES, IA – The Iowa Newspaper Association announced its 2008 All-State Football selections Tuesday, naming honorary captains in classes A, 1A, 2A, 3A, 4A and 8-Man.

Sports writers serving on the INA selection committee which made the honorary captain and team selections were: Adam Wilson, Altoona Herald-Mitchellville Index; Bob Eschliman, Adel Dallas Co News; Corey Munson, Adel Dallas Co News; Jim Gries, Oskaloosa Herald; Mike Helle, Knoxville Journal-Express/Pella Chronicle; Ashley Schable, Carroll Daily Times Herald; Nick Petaros, Waterloo Courier; Lori Wiser, Ocheyedon Press-Melvin News; Jeff Benson, Rock Rapids Lyon County Reporter; Ryan Kronberg, Charles City Press; Randy Fink, Fayette Leader; Perry Bell, Pella Chronicle & Knoxville Journal-Express; Matt Gengler, Missouri Valley Times-News; John Jensen, Oelwein Daily Register; Heidi deGier, Oelwein Daily Register; Dan Voigt, Emmetsburg Publishing; Ross Eberhart, DeWitt Observer; Scott Spurgeon, Bloomfield Democrat; Jeff Dahn, Cedar Rapids Gazette; Terry Hersom, Sioux City Journal; Steven Allspach, Sioux City Journal; Larry Peterson, Creston News Advertiser; Beth Lutgen, Dyersville Commercial; Troy Hyde, Newton Daily News; Don Carpenter, Cascade Pioneer; Kevin White, Omaha World-Herald; Greg Granbianowski, Algona Upper Des Moines; Kelly Beaton, Waterloo Courier; Wayne Dominowski, Sergeant Bluff Advocate; Mark Pawlak, Marshalltown Times-Republican; and Jeff Webster, Perry Chief.

The following coaches and representatives of the Iowa Football Coaches Association assisted with statistical information: Ken Winkler, West Marshall; Dave Messerili, Marion; Kreg Lensch, Glidden-Ralston; Tony Perkins, Marion; Brian Wilken, Newell-Fonda; Bob Jensen, Mt. Pleasant; Todd Quick, Hamburg; Tom Wilson, Dowling Catholic; Gary Swenson, West Des Moines Valley; Bob McCoy, Bedford; Tom Stone, Pekin; Mike Stafford, East Buchanan; Steve Milder, West Central; Lyle Alumbaugh, Panorama; Phil Snyder, ArWeVa; Jim Carver, Alburnett; Scott Carlson, Waukee; Tim Lewis, Cedar Rapids Kennedy; Ryan Van Veen, Montezuma; Brian Knott, Missouri Valley; David Kuhl, MVAO; and Dan Spooner, Coon Rapids-Bayard;

Players named as captains are:

Senior center Nasar Hannon, a two-year starter and team captain of state champion West Des Moines Valley, has been named captain of the class 4A INA All-State team. Hannon anchored the Tigers' offensive line that blocked for two 1,000-yard rushers. Valley (14-0) ran for 3,779 yards and threw for 1,764 more for a total of 5,543 total yards and 570 points for the season. "Hannon is an outstanding student and a leader in the student body at Valley High School," Valley head coach Gary Swenson said.

The captain of the Class 3A INA All-State team is running back Brandon Wegher from Bishop Heelan of Sioux City. Wegher broke the state's all-time single-season rushing record, leading Heelan to a 14-0 championship season with 3,238 yards on 362 carries, breaking the mark of 3,109 set in 2002 by Williamsburg's Dustyn Baethke. Wegher, who has committed to play at the University of Iowa, totaled 54 touchdowns on the season (51 by rushing, two on pass interceptions, one on a punt return) and had 114 career touchdowns, second only to Levi Ferguson's 129 for North Mahaska from 2002-05. The 5-11, 205-pound Crusader star totaled 6,823 career rushing yards, third on the all-time list (Ferguson holds the record with 7,142), even though he didn't become a full-time starter until the fourth game of his sophomore year.

Senior quarterback Jordan Gacke of Central Lyon/GLR received the captaincy of the INA Class 2A All-State football team. Gacke, a 6'2" 205 lb senior, rushed for 1,710 yards and 20 touchdowns. He threw for 9 touchdowns while totaling 943 yards. Also a strong defensive player, Gacke recorded a total of 152 tackles, 69 of them solo. He also punted for a 37.8 yard average and occasionally returned punts and kick-offs as he led the Lions to a state runner-up finish.

INA sports writers selected Emmetsburg running back Taylor Morris as captain of the 1A INA All-State team. Morris was part of the 1-2 punch of the Emmetsburg E'Hawk offense this past season. He didn't run the football, he carried it with authority, running over blockers, fending off tacklers and delivering punishing yards in every game. He played the same way on defense for the E'hawks as one of the team's tricaptains.

Two-way star Kelan Richardson of Southern Cal was named captain of the Class A INA All-State football team. A key performer for the state champion Mustangs, Richardson rushed for 128 yards and 2 touchdowns in the title game against North Tama. His season offensive numbers were 124 rushes for 993 yards and 18 touchdowns. Defensively at linebacker, Richardson totaled 60 solo tackles and 32 assists. He came back to play in the semifinals and championship after suffering an ankle fracture in week 7.

Ridge Christiansen of Armstrong-Ringsted was named captain of the INA 8-man All-State team. Christiansen led the Mustangs to the state championship game for the past two seasons. He rushed 262 times for 1,788 yards and scored 29 times. He completed 48 of 92 passes for 896 yards and 18 touchdowns with only two picks. On defense as a linebacker, he made 104 tackles and caught two interceptions.

Class 4A First Team

Offense Tight End	Mitch Overstreet	Bettendorf	6'3"	230	Sr.
Offense Wide Receiver	Keenan Davis	Washington (Cedar Rapids)	6'3"	200	Sr.
Offense Wide Receiver	Noah Huisman	Mason City	6'3"	180	Sr.
Offense Lineman	Nasar Hannon	Valley (West Des Moines)	6'1"	217	Sr.
Offense Lineman	David Barrent	Valley (West Des Moines)	6'8"	286	Sr.
Offense Lineman	Kevin Mercer	Dowling Catholic	6'1"	240	Sr.
Offense Lineman	Kyle Lichtenberg	Bettendorf	6'6"	255	Sr.
Offense Lineman	Dan Thorsteinson	Xavier (Cedar Rapids)	6'3"	230	Sr.
Offense Quarterback	Wyatt Sues	Washington (Cedar Rapids)	6'4"	210	Sr.
Offense Back	Jeff Woody	Southeast Polk	6'0"	215	Sr.
Offense Back	Grant Mayfield	Dowling Catholic	5'9"	190	Sr.
Offense Back	Walker Woods	Waukee	5'11"	180	Sr.
Offense Utility	Zach Cutkomp	Valley (West Des Moines)	5'11"	186	Sr.
Offense Kicker	Zeb Miller	Ankeny	6'2"	193	Sr.
Defense Lineman	Duane Hatfield	Johnston	6'3"	240	Sr.
Defense Lineman	Ryan Harrelson	Prairie (Cedar Rapids)	6'1"	230	Sr.
Defense Lineman	Ross Naylor	Ankeny	6'0"	190	Sr.
Defense Lineman	Collin Albrecht	Cedar Falls	6'3"	215	Sr.
Defense Linebacker	Scott Minear	Valley (West Des Moines)	6'2"	209	Sr.
Defense Linebacker	Jeff Hanson	Cedar Falls	6'0"	210	Sr.
Defense Linebacker	Kramer Uhlick	Wahlert (Dubuque)	6'2"	210	Sr.
Defense Linebacker	Porter Hand	Dowling Catholic	6'0"	205	Sr.
Defense Back	Jared Goforth	Ankeny	6'0"	185	Sr.
Defense Back	Jake Knott	Waukee	6'3"	214	Sr.
Defense Back	Josh Lenz	Hempstead (Dubuque)	6'0"	175	Sr.
Defense Punter	Nate Meyer	Bettendorf	6'1"	180	Sr.
Defense Utility	Jake Farley	Cedar Falls	6'2"	205	Jr.

Class 4A Second Team

Offense Tight End	Connor Boffeli	Valley (West Des Moines)	6'5"	260	Sr.
Offense Wide Receiver	Pat Brown	Bettendorf	6'1"	180	Sr.
Offense Wide Receiver	Ryan Cawley	Valley (West Des Moines)	6'5"	208	Sr.
Offense Lineman	Grant Schnobrich	Kennedy (Cedar Rapids)	6'3"	270	Sr.
Offense Lineman	Ryan Wood	Valley (West Des Moines)	6'5"	260	Sr.
Offense Lineman	Andy Larson	Ankeny	6'2"	240	Sr.
Offense Lineman	John Swanson	East (Des Moines)	6'1"	295	Sr.
Offense Lineman	Zach Hahn	North Scott (Eldridge)	6'3"	242	Sr.
Offense Quarterback	Drew Scieszinski	Dowling Catholic	6'3"	205	Sr.
Offense Back	Andre' Dawson	Washington (Cedar Rapids)	6'2"	210	Jr.
Offense Back	Michael Chia	Indianola	5'10"	181	Jr.
Offense Back	Jay Brummel	Cedar Falls	6'1"	197	Sr.
Offense Kicker	Tyler Sieversten	Kennedy (Cedar Rapids)	6'2"	190	Sr.
Defense Lineman	Drew Bower	Southeast Polk	6'3"	220	Sr.
Defense Lineman	Grant Reisberg	Dowling Catholic	6'2"	210	Jr.
Defense Lineman	Blake Anderson	North Scott (Eldridge)	6'3"	195	Sr.
Defense Lineman	Cody Redmond	Valley (West Des Moines)	6'2"	211	Sr.
Defense Linebacker	Ted Haag	Waukee	6'0"	220	Sr.
Defense Linebacker	Ethan Bass	Southeast Polk	6'1"	215	Sr.
Defense Linebacker	Andy Hodge	City High (Iowa City)	5'10"	175	Sr.
Defense Linebacker	Spencer Cruise	Ames	6'0"	212	Sr.
Defense Back	Sam Tim	Ames	6'2"	180	Sr.
Defense Back	Ross Siemering	Prairie (Cedar Rapids)	5'9"	170	Sr.
Defense Back	Nate Kammrad	Thomas Jefferson (Council Bluffs)	5'11"	215	Sr.
Defense Punter	Scott Schebler	Prairie (Cedar Rapids)	6'1"	185	Sr.

Class 4A Third Team

Offense Tight End	Darion Howard	Cedar Falls	6'4"	225	Sr.
Offense Wide Receiver	Allen Mann	Marshalltown	6'2"	170	Sr.
Offense Wide Receiver	Britt Anderson	East (Sioux City)	5'9"	165	Jr.
Offense Lineman	Matthew Tvedte	City High (Iowa City)	6'2"	225	Jr.
Offense Lineman	David Perry	Linn-Mar	6'2"	280	Jr.
Offense Lineman	Ndzi Tante	Thomas Jefferson (Council Bluffs)	6'1"	280	Sr.
Offense Lineman	Ryan Deatrick	Waukee	5'10"	185	Sr.

Offense Lineman	James Kohler	Ames	6'7"	240	Jr.
Offense Quarterback	A.J. Derby	City High (Iowa City)	6'4"	220	Jr.
Offense Back	Theo Burkett	Valley (West Des Moines)	5'11"	190	Sr.
Offense Back	Josh Folchert	North (Sioux City)	6'1"	190	Sr.
Offense Back	Connor Dahlstrom	North Scott (Eldridge)	5'11"	175	Sr.
Offense Kicker	Edwin Arceo	Muscatine	5'10"	155	Sr.
Defense Lineman	Jake Riley	Burlington	6'2"	200	Sr.
Defense Lineman	Chris Jepsen	Urbandale	6'3"	230	Sr.
Defense Lineman	Jason Shupp	Kennedy (Cedar Rapids)	6'0"	215	Sr.
Defense Lineman	David Ryberg	Xavier (Cedar Rapids)	5'11"	215	Jr.
Defense Linebacker	Jonathan Nelson	Johnston	5'11"	210	Sr.
Defense Linebacker	Dex Gordon	West (Sioux City)	6'3"	230	Sr.
Defense Linebacker	Mitch Jurevitz	Bettendorf	6'0"	210	Sr.
Defense Linebacker	Bond Harman	Kennedy (Cedar Rapids)	6'1"	215	Sr.
Defense Back	Mike Harris	Valley (West Des Moines)	5'10"	153	Sr.
Defense Back	Danny Rudeen	North (Sioux City)	6'2"	180	Jr.
Defense Back	Anthony Tucker	Indianola	6'0"	185	Sr.
Defense Punter	Nick Garretson	Muscatine	5'11"	170	Jr.

Class 3A First Team

Offense Tight End	Brett Van Sloten	Decorah	6'7"	270	Sr.
Offense Wide Receiver	James Cairney	Harlan	5'11"	175	Sr.
Offense Wide Receiver	Wiebe Goodyk	Oskaloosa	6'3"	190	Sr.
Offense Lineman	Drew Clark	Marion	6'4"	285	Sr.
Offense Lineman	Sean Geary	Heelan (Sioux City)	6'1"	230	Sr.
Offense Lineman	Brock Goodall	DeWitt Central	5'11"	220	Sr.
Offense Lineman	Zach Lindquist	Clear Lake	6'1"	230	Sr.
Offense Lineman	Michael Bettger	Pella	5'11"	235	Sr.
Offense Quarterback	Blake Haluska	Carroll	6'4"	185	Sr.
Offense Back	Brandon Wegher	Heelan (Sioux City)	5'11"	205	Sr.
Offense Back	Jordan Cotton	Mount Pleasant	6'1"	175	Sr.
Offense Back	Ross Doehrmann	Williamsburg	6'0"	195	Sr.
Offense Utility	Jeff Hastert	Harlan	5'11"	180	Sr.
Offense Kicker	Andrew Casper	Decorah	5'7"	177	Sr.
Defense Lineman	Buckley Wright	Heelan (Sioux City)	6'1"	210	Sr.
Defense Lineman	Austin Steenhoek	Pella	6'4"	240	Sr.
Defense Lineman	Casey Kreiter	DeWitt Central	6'3"	210	Sr.
Defense Lineman	Tyler Kacmarynski	Spencer	6'1"	230	Sr.
Defense Linebacker	Ethan Tindall	Clear Lake	6'0"	200	Sr.
Defense Linebacker	Joel Pudenz	Carroll	6'0"	212	Sr.
Defense Linebacker	Sean Elliott	Spencer	6'0"	195	Sr.
Defense Linebacker	Truman Novak	Crestwood	6'2"	190	Sr.
Defense Back	Josh Woodhouse	Decorah	5'8"	185	Sr.
Defense Back	Andrew Reed	Oskaloosa	6'0"	180	Sr.
Defense Back	Jordan Huffman	Sergeant Bluff-Luton	5'8"	185	Sr.
Defense Punter	Tyler Pierce	ADM	6'2"	220	Sr.
Defense Utility	D.J. Gnader	Lewis Central (Council Bluffs)	6'2"	215	Sr.

Class 3A Second Team

Offense Tight End	Wes Nordquist	ADM	6'6"	225	Sr.
Offense Wide Receiver	Jared Wauters	Union (LaPorte City)	5'8"	168	Sr.
Offense Wide Receiver	Steven Overbergen	Pella	6'0"	170	Sr.
Offense Lineman	Sam Ross	Western Dubuque	6'3"	215	Sr.
Offense Lineman	Aaron Wilcox	Waverly-Shell Rock	6'7"	250	Sr.
Offense Lineman	Taylor Nelson	Heelan (Sioux City)	6'1"	210	Sr.
Offense Lineman	Casey Stika	Crestwood	6'1"	238	Sr.
Offense Lineman	Brett Kanselaar	Centerville	6'3"	284	Sr.
Offense Quarterback	Matt Barnd	Marion	6'1"	190	Sr.
Offense Back	Ben McDonald	West Delaware	6'1"	190	Sr.
Offense Back	Adam Bohr	Decorah	6'1"	208	Sr.
Offense Back	Reese Thompson	Benton Community	6'0"	185	Sr.
Offense Kicker	Sam Brockshus	Spencer	5'11"	185	Sr.
Defense Lineman	Jordan Moore	New Hampton	6'6"	280	Sr.
Defense Lineman	Alex Sedrel	Dallas Center-Grimes	6'5"	250	Sr.

Defense Lineman	Branden Scherff	Denison-Schleswig	6'5"	270	Jr.
Defense Lineman	Matt Hoch	Harlan	6'4"	240	Jr.
Defense Linebacker	Matt Samec	New Hampton	6'2"	205	Sr.
Defense Linebacker	Greg Oldsen	Central (DeWitt)	5'9"	210	Sr.
Defense Linebacker	Pat Rosacker	Le Mars	6'2"	200	Sr.
Defense Linebacker	Chris Koch	Western Dubuque	6'1"	210	Sr.
Defense Back	Jake Kopriva	Clear Lake	5'9"	150	Sr.
Defense Back	Jace Christensen	Carroll	5'11"	170	Sr.
Defense Back	Jordan Mullen	Atlantic	6'2"	160	Sr.
Defense Punter	Ryan Vande Zande	Webster City	6'0"	215	Sr.

Class 3A Third Team

Offense Tight End	Jordan Lester	Heelan (Sioux City)	6'1"	215	Sr.
Offense Wide Receiver	Matt Dermody	Norwalk	6'5"	208	Sr.
Offense Wide Receiver	Jon DeHaan	MOC-Floyd Valley	6'4"	190	Sr.
Offense Lineman	Kasey Juhl	Atlantic	6'5"	300	Sr.
Offense Lineman	Jordan Kaiser	Benton Community	6'7"	220	Sr.
Offense Lineman	Adam McDonnell	Central (DeWitt)	6'4"	265	Sr.
Offense Lineman	Joe Hoback	Washington	6'2"	270	Sr.
Offense Lineman	Lucas Sharp	Charles City	6'4"	245	Sr.
Offense Quarterback	Dan Marshall	West Delaware	6'0"	195	Sr.
Offense Back	Paul Saxen	Sergeant Bluff-Luton	6'1"	190	Sr.
Offense Back	Dylan Blankenship	Glenwood	6'1"	208	Jr.
Offense Back	John Hill	Webster City	5'11"	180	Sr.
Offense Kicker	Cody Smith	Mount Pleasant	5'8"	159	Sr.
Defense Lineman	Mason Woods	Williamsburg	6'2"	270	Sr.
Defense Lineman	Alex Novak	Clear Creek-Amana	6'8"	210	Sr.
Defense Lineman	Jake Skibinski	Heelan (Sioux City)	6'1"	200	Sr.
Defense Lineman	Justin Blinkman	Estherville-Lincoln Central	6'1"	190	Sr.
Defense Linebacker	Dalton Schutjer	Charles City	5'11"	200	Jr.
Defense Linebacker	Shawn Hergenrader	Dallas Center-Grimes	5'9"	180	Sr.
Defense Linebacker	Mikey Henrichs	Carlisle	5'11"	185	Sr.
Defense Linebacker	Patrick O'Brien	Williamsburg	5'9"	190	Sr.
Defense Back	Curt Hruska	New Hampton	6'0"	160	Sr.
Defense Back	Isaac Poolman	Charles City	6'0"	175	Sr.
Defense Back	Garrett Strand	Decorah	5'6"	165	Sr.
Defense Punter	Ben Holub	Marion	5'10"	190	Jr.

Class 2A First Team

Offense Tight End	Mitchell Schmitt	Sumner-Fredericksburg	6'0"	176	Jr.
Offense Wide Receiver	Kyler Stahle	Solon	5'11"	165	Sr.
Offense Wide Receiver	Blake Kliegl	Okoboji	6'3"	185	Sr.
Offense Lineman	Caleb Montag	CLGLR	6'2"	230	Sr.
Offense Lineman	Austin Nichols	West Marshall	6'2"	279	Sr.
Offense Lineman	Christian Boehmer	Mid-Prairie	6'5"	265	Jr.
Offense Lineman	Andy Constant	Solon	6'0"	200	Jr.
Offense Lineman	Dexter Hill	Davis County	6'1"	260	Sr.
Offense Quarterback	Tyler Jones	Washington (Cherokee)	5'11"	170	Sr.
Offense Back	Drake Ferch	West Marshall	6'0"	172	Jr.
Offense Back	James Morris	Solon	6'2"	210	Jr.
Offense Back	Tanner Miller	Mid-Prairie	6'2"	175	Jr.
Offense Utility	Dan Sampson	CMB	6'1"	225	Sr.
Offense Kicker	Patrick Schmadeke	Columbus (Waterloo)	6'0"	165	Sr.
Defense Lineman	Adam Kuhl	Maple Valley-Anthon-Oto	6'3"	255	Sr.
Defense Lineman	Chris Cahoy	Sumner-Fredericksburg	5'6"	167	Sr.
Defense Lineman	Ross DeJager	BHRV	6'4"	220	Sr.
Defense Lineman	Nolan Rasmusson	Roland-Story	6'2"	200	Sr.
Defense Linebacker	Dustin Howard	North Polk	6'1"	205	Sr.
Defense Linebacker	Bryant Hummel	Clarinda	6'1"	215	Sr.
Defense Linebacker	Cole Billerbeck	Roland-Story	5'9"	174	Sr.
Defense Linebacker	Cody Strang	Solon	6'2"	205	Sr.
Defense Back	Sam Buck	West Marshall	5'10"	158	Sr.
Defense Back	Zeb Hammes	Roland-Story	6'0"	180	Sr.
Defense Back	Tyler Schuett	Washington (Cherokee)	5'10"	188	Sr.

Defense Punter	Scott King	Tipton	6'1"	180	Sr.
Defense Utility	Jordan Gacke	CLGLR	6'1"	205	Sr.

Class 2A Second Team

Offense Tight End	Jon Dillinger	Missouri Valley	6'3"	210	Sr.
Offense Wide Receiver	Dylan Hansen	CMB	6'1"	175	Jr.
Offense Wide Receiver	PJ Lanaghan	Regina (Iowa City)	6'3"	180	Sr.
Offense Lineman	Nevin Lansing	North Fayette	6'0"	190	Sr.
Offense Lineman	Matt Steffensmeier	Beckman (Dyersville)	6'7"	280	Sr.
Offense Lineman	Colten Marsh	Missouri Valley	5'10"	255	Sr.
Offense Lineman	Erik Croghan	IKM-Manning	6'0"	200	Sr.
Offense Lineman	Jordan Voss	Eagle Grove	6'3"	245	Sr.
Offense Quarterback	Matt Morrison	Solon	6'1"	170	Sr.
Offense Back	Ryan Halbur	IKM-Manning	5'10"	188	Sr.
Offense Back	Erik Grunder	Wilton	6'0"	200	Sr.
Offense Back	Nick Monzu	Missouri Valley	6'0"	185	Jr.
Offense Kicker	Marcus Prull	Monticello	6'3"	255	Sr.
Defense Lineman	Jake Bucklin	CMB	6'1"	180	Sr.
Defense Lineman	Jesse Beringer	Cascade	5'10"	170	Jr.
Defense Lineman	Schylor Altenhofer	Mid-Prairie	6'0"	205	Sr.
Defense Lineman	Clint Gehling	Kuemper (Carroll)	6'1"	190	Sr.
Defense Linebacker	Kyle Kane	PCM	6'3"	190	Sr.
Defense Linebacker	Scott Eben	CLGLR	5'10"	205	Sr.
Defense Linebacker	Micah Berg	Mid-Prairie	6'2"	185	Jr.
Defense Linebacker	Kendall Sommerlot	Pocahontas Area	5'7"	180	Sr.
Defense Back	Tom Nesvik	North Fayette	5'11"	170	Jr.
Defense Back	Ethan Schmitt	CMB	6'0"	175	Jr.
Defense Back	Conrad Metz	Red Oak	5'7"	150	Sr.
Defense Punter	Austin Utt	Davis County	5'9"	175	Jr.

Class 2A Third Team

Offense Tight End	Joe Flanigan	Maple Valley-Anthon-Oto	6'4"	225	Sr.
Offense Wide Receiver	Eric Reittinger	Beckman (Dyersville)	6'4"	190	Sr.
Offense Wide Receiver	David Weber	Dike-New Hartford	5'8"	145	Sr.
Offense Lineman	Cy Williams	Clarinda	6'7"	290	Sr.
Offense Lineman	Tyler Carson	Wilton	6'4"	255	Sr.
Offense Lineman	Jason Kienast	IKM-Manning	6'0"	250	Sr.
Offense Lineman	Tom Brinkman	Pocahontas Area	5'11"	215	Sr.
Offense Lineman	Jeff Gacke	CLGLR	6'1"	190	Sr.
Offense Quarterback	Jake Hemann	Osage	6'4"	190	Sr.
Offense Back	Tanner Mork	North Fayette	6'3"	180	Jr.
Offense Back	Matt McCullough	Cascade	5'7"	175	Sr.
Offense Back	Gavin Burns	PCM	5'9"	160	Sr.
Offense Kicker	Zach Jahn	IKM-Manning	5'10	170	Sr.
Defense Lineman	Cody Hudson	West Liberty	6'2"	220	Sr.
Defense Lineman	Ryan Fuller	Bondurant-Farrar	6'2"	190	Sr.
Defense Lineman	Taylor Stockdale	Eagle Grove	6'1"	225	Sr.
Defense Lineman	Nathan Nieuwendorp	Unity Christian	6'4"	250	Sr.
Defense Linebacker	Evan Ressler	Cascade	5'10"	185	Jr.
Defense Linebacker	Keegan Frisch	Sumner-Fredericksburg	6'1"	171	Jr.
Defense Linebacker	Austin Boger	O-A/BCIG	6'1"	185	Sr.
Defense Linebacker	Josh Boone	Mid-Prairie	6'2"	200	Sr.
Defense Back	Derek Trask	Colfax-Mingo	6'0"	170	Sr.
Defense Back	Dakota Fix	West Liberty	6'1"	170	Sr.
Defense Back	Brandon Koel	CLGLR	5'10"	185	Sr.
Defense Punter	Cody Stueve	Missouri Valley	6'2"	180	Sr.

Class 1A First Team

Offense Tight End	Eli Groenendyk	Pella Christian	6'5"	200	Sr.
Offense Wide Receiver	Matt Waters	St. Albert (Council Bluffs)	6'1"	180	Sr.
Offense Wide Receiver	Zach Steinhoff	Manson Northwest Webster	6'2"	177	Jr.
Offense Lineman	Josh Wolfe	Emmetsburg	6'2"	280	Sr.

Offense Lineman	Wil Van't Hof	West Lyon	6'3"	275	Sr.
Offense Lineman	Dallas Hendrikson	St. Ansgar	6'2"	291	Sr.
Offense Lineman	Jack Rummels	West Branch	6'4"	230	Jr.
Offense Lineman	Tyler Klyn	Pella Christian	6'4"	280	Sr.
Offense Quarterback	Jake Waters	St. Albert (Council Bluffs)	6'2"	185	Jr.
Offense Back	Jon Elmore	Prairie Valley	5'8"	170	Jr.
Offense Back	Jordan Thompson	West Branch	5'11"	170	Sr.
Offense Back	Langston Jones	Emmetsburg	6'1"	185	Jr.
Offense Utility	Andrew Jay	Maquoketa Valley	6'4"	192	Sr.
Offense Kicker	Derek Wood	Gladbrook-Reinbeck	6'0"	190	Sr.
Defense Lineman	Kyle Kober	West Branch	5'10"	250	Sr.
Defense Lineman	Michael Wiegman	Aplington-Parkersburg	6'1"	245	Sr.
Defense Lineman	Andy Simons	West Lyon	6'2"	260	Sr.
Defense Lineman	Taylor Morris	Emmetsburg	6'0"	215	Sr.
Defense Linebacker	Andrew Brown	St. Albert (Council Bluffs)	5'10"	180	Jr.
Defense Linebacker	Jordan Simon	Aplington-Parkersburg	6'2"	210	Jr.
Defense Linebacker	Pat McLeod	Prairie Valley	5'7"	165	Sr.
Defense Linebacker	Lucas Geneser	Woodward-Granger	6'1"	195	Jr.
Defense Back	Brian Sandvig	St. Edmond (Fort Dodge)	5'11"	175	Sr.
Defense Back	Austin Steinkamp	Woodward-Granger	5'8"	160	Sr.
Defense Back	Trevor Tiefenthaler	Sioux Central	5'11"	175	Sr.
Defense Punter	Kyle Meints	West Fork	5'9"	170	Sr.
Defense Utility	Jacob Batterson	Eddyville-Blakesburg	5'11"	185	Jr.

Class 1A Second Team

Offense Tight End	Spencer Hurly-Boyd	Woodward-Granger	6'7"	215	Sr.
Offense Wide Receiver	Drew Helle	Maquoketa Valley	6'2"	185	Sr.
Offense Wide Receiver	Jordan Marks	Panorama	6'0"	145	Sr.
Offense Lineman	Josh Noble	Hartley-Melvin-Sanborn	6'1"	255	Sr.
Offense Lineman	Carter Steele	St. Edmond (Fort Dodge)	6'0"	205	Sr.
Offense Lineman	Rich DeFauw	Belle Plaine	6'2"	300	Sr.
Offense Lineman	Travis Clark	Guthrie Center	6'4"	245	Sr.
Offense Lineman	Justin Siefken	Nashua Plainfield	6'3"	265	Sr.
Offense Quarterback	Kyle Twait	Manson Northwest Webster	6'4"	192	Jr.
Offense Back	Mitch Fynaardt	Pella Christian	5'11"	195	Sr.
Offense Back	Brian Crow	Belle Plaine	5'9"	180	Jr.
Offense Back	Alex Hornbuckle	Aplington-Parkersburg	6'0"	175	Jr.
Offense Kicker	Matt Wellik	Emmetsburg	5'11"	200	Sr.
Defense Lineman	Colby Kirby	Pleasantville	5'11"	213	Sr.
Defense Lineman	Mitch Grose	Mt. Ayr	6'3"	200	Sr.
Defense Lineman	Adam Leuer	Emmetsburg	5'11"	230	Sr.
Defense Lineman	Matt Strobe	Alburnett	6'0"	210	Sr.
Defense Linebacker	Keith Rush	Griswold	5'11"	185	Sr.
Defense Linebacker	Tommy Kuecker	Emmetsburg	6'2"	185	Jr.
Defense Linebacker	Jake Young	Garner	6'1"	170	Sr.
Defense Linebacker	Jason Koedam	West Lyon	6'1"	210	Sr.
Defense Back	Tyler Mosier	Griswold	5'11"	180	Sr.
Defense Back	Dakota Miller	Lawton-Bronson	6'0"	180	Sr.
Defense Back	Alex Maule	West Monona	6'0"	180	Jr.
Defense Punter	Brett Bengen	Gladbrook-Reinbeck	6'4"	220	Sr.

Class 1A Third Team

Offense Tight End	Max Miller	West Central	6'7"	230	Sr.
Offense Wide Receiver	Scott Bacon	Pleasantville	5'11"	150	Sr.
Offense Wide Receiver	Chase Meier	Iowa Valley	5'8"	160	Sr.
Offense Lineman	Dan Heiar	Northeast Goose Lake	6'5"	250	Sr.
Offense Lineman	Nathan Lyman	Grundy Center	6'4"	250	Jr.
Offense Lineman	Billy Lukes	Aplington-Parkersburg	6'2"	230	Sr.
Offense Lineman	Justin Brinkman	Prairie Valley	6'3"	220	Jr.
Offense Lineman	Darin Adam	Pekin	6'3"	260	Jr.
Offense Quarterback	Jordan Andera	South Winneshiek	6'0"	185	Jr.
Offense Back	Doug Williams	Clarinda Academy	5'10"	210	Soph.
Offense Back	Josh Treybal	Hartley-Melvin-Sanborn	6'2"	218	Soph.
Offense Back	Jesse Selgeby	West Lyon	5'9"	150	Jr.

Offense Kicker	Levi Keleher	Lawton-Bronson	5'9"	160	Jr.
Defense Lineman	Trevor Port	West Branch	5'9"	190	Sr.
Defense Lineman	Spenser Fuller	Central Decatur	6'2"	325	Sr.
Defense Lineman	Steve Messerschmidt	Tri-Center	6'3"	235	Jr.
Defense Lineman	Matt Just	Belmond-Klemme	6'1"	215	Sr.
Defense Linebacker	Jordan Stewart	Mt. Ayr	6'1"	215	Sr.
Defense Linebacker	Cody Millikin	Pekin	6'1"	195	Sr.
Defense Linebacker	Brett Thomas	Albunett	5'11"	180	Sr.
Defense Linebacker	Joseph Atwell	Panorama	5'10"	150	Sr.
Defense Back	Ryan Krogman	Northeast Goose Lake	6'3"	165	Sr.
Defense Back	Matt Hiscocks	Garner-Hayfield	5'10"	165	Sr.
Defense Back	Ryan Grolmus	Panorama	6'0"	140	Sr.
Defense Punter	Jordan Gradeless	Wayne	6'5"	195	Sr.

Class A First Team

Offense Tight End	Jake McCulley	North Mahaska	6'3"	208	Sr.
Offense Wide Receiver	Chris Gabriel	Gehlen Catholic (Le Mars)	6'3"	190	Sr.
Offense Wide Receiver	Denzel VanSant	B-G-M	6'2"	170	Jr.
Offense Lineman	Mark Blessington	Southern Cal	6'5"	293	Sr.
Offense Lineman	Eric Simmons	Madrid	6'2"	245	Soph.
Offense Lineman	Alex Herink	North Tama	5'11"	186	Sr.
Offense Lineman	Blake Goodenbour	East Buchanan	6'4"	220	Jr.
Offense Lineman	Andrew Allerdings	Alta	6'2"	260	Sr.
Offense Quarterback	Wyatt Hanus	North Tama	6'3"	195	Sr.
Offense Back	Eric Burt	Madrid	5'11"	200	Sr.
Offense Back	Cody Matthewson	Madrid	6'2"	206	Sr.
Offense Back	Zach Larew	Lone Tree	6'1"	201	Sr.
Offense Utility	Seth Enke	AHST	6'0"	160	Jr.
Offense Kicker	Brad Puckett	Earlham	5'10"	175	Sr.
Defense Lineman	Tyler Dietrich	HLV	6'3"	250	Sr.
Defense Lineman	Jake Schumacher	Southern Cal	6'0"	173	Sr.
Defense Lineman	Jacob Main	East Buchanan	5'10"	175	Sr.
Defense Lineman	Adam Brumfield	Bedford	6'4"	275	Sr.
Defense Linebacker	Josh Gaedke	Colo-Nesco	5'10"	175	Sr.
Defense Linebacker	Keelan Richardson	Southern Cal	6'2"	202	Sr.
Defense Linebacker	Grant Vesely	North Tama	6'2"	205	Jr.
Defense Linebacker	Jake Slater	Boyer Valley	6'3"	228	Sr.
Defense Back	Jake Burns	HLV	5'10"	170	Sr.
Defense Back	Chris Carlson	Akron-Westfield	6'0"	180	Jr.
Defense Back	Michael Huisman	Alta	6'1"	170	Sr.
Defense Punter	Andrew Drewis	Tripoli	6'2"	165	Jr.
Defense Utility	Eric Vogel	Southern Cal	5'8"	160	Sr.

Class A Second Team

Offense Tight End	Justin Meggers	North Tama	6'0"	170	Sr.
Offense Wide Receiver	Brad Denning	Northern University	6'1"	195	Sr.
Offense Wide Receiver	Austin Hansen	River Valley	6'3"	175	Jr.
Offense Lineman	Don Horning	Northwood-Kensett	5'8"	235	Sr.
Offense Lineman	Zach Schmidt	Wapsie Valley	6'4"	250	Jr.
Offense Lineman	Chase Timpe	Newman Catholic (Mason City)	5'9"	230	Sr.
Offense Lineman	Dusty Redinbaugh	AHST	6'1"	215	Sr.
Offense Lineman	Alex Blair	Central Elkader	6'0"	215	Sr.
Offense Quarterback	Tyler Kriegel	BGM	6'0"	185	Sr.
Offense Back	Logan Slusher	Earlham	5'11"	195	Sr.
Offense Back	Colin McKeon	East Buchanan	5'10"	170	Sr.
Offense Back	Phillip Fierova	Northwood-Kensett	5'10"	180	Sr.
Offense Kicker	Brad Holloway	GMG	5'10"	165	Sr.
Defense Lineman	Kassidy Cook	Postville	6'2"	210	Sr.
Defense Lineman	Heath Beckman (Dyersville)	Earlham	6'3"	210	Sr.
Defense Lineman	Anton Olsen	Madrid	6'4"	205	Sr.
Defense Lineman	Cody Gericke	East Buchanan	6'2"	205	Sr.
Defense Linebacker	Darin Peters	AHST	6'0"	203	Sr.
Defense Linebacker	Nate Klobassa	Riceville	6'0"	180	Sr.
Defense Linebacker	Nathan Beatty	Central Elkader	5'10"	185	Sr.

Defense Linebacker	Austin Moffatt	Akron-Westfield	6'0"	205	Sr.
Defense Back	Spencer Capitani	Northwood-Kensett	5'9"	140	Soph.
Defense Back	Scott Paulus	Rockford	5'11"	170	Soph.
Defense Back	Mark Baragary	East Buchanan	6'1"	170	Sr.
Defense Punter	Torey Mason	Southeast Warren	5'10"	150	Jr.

Class A Third Team

Offense Tight End	Johnny Hines	Northern University	6'1"	185	Jr.
Offense Wide Receiver	Aaron Hildreth	Southern Cal	6'3"	170	Sr.
Offense Wide Receiver	Ridge Hobbs	New London	6'2"	200	Sr.
Offense Lineman	Michael Wingrove	Boyer Valley	5'11"	211	Sr.
Offense Lineman	Kyle McCaslin	Rockford	6'0"	275	Sr.
Offense Lineman	Wes Schweer	Tripoli	6'0"	200	Sr.
Offense Lineman	Luke Morrison	English Valleys	6'2"	240	Sr.
Offense Lineman	Quin Pelz	Van Meter Community	6'3"	190	Sr.
Offense Quarterback	Taylor Wurth	Gehlen Catholic (Le Mars)	6'1"	165	Soph.
Offense Back	Jack Mills	Alta	5'11"	165	Sr.
Offense Back	Skylar Thornton	Southeast Warren	6'1"	205	Sr.
Offense Back	Michael Rathe	Wapsie Valley	6'0"	170	Jr.
Offense Kicker	Sean Wells	Colo-Nesco	6'1"	220	Jr.
Defense Lineman	JJ Little	Wapsie Valley	6'0"	240	Jr.
Defense Lineman	Jake Syndergaard	Alta	6'3"	225	Sr.
Defense Lineman	Cole Heissel	Gehlen Catholic (Le Mars)	6'6"	240	Jr.
Defense Lineman	Kyle Hughes	Bedford	5'10"	188	Sr.
Defense Linebacker	Cody Campbell	Gehlen Catholic (Le Mars)	6'0"	165	Jr.
Defense Linebacker	Ethan Hess	Bedford	5'10"	175	Sr.
Defense Linebacker	Matthew Schleisman	Southern Cal	5'10"	165	Jr.
Defense Linebacker	Devin Schroder	AHST	5'10"	165	Sr.
Defense Back	Jake Wall	GMG	6'5"	185	Sr.
Defense Back	Tyler Smith	North Mahaska	5'10"	165	Sr.
Defense Back	Chaz Krueger	Riceville	5'9"	160	Sr.
Defense Punter	Robert Roark	Danville	6'2"	155	Sr.

8-Man First Team

Offense Wide Receiver	Tyler Pawletzki	ArWeVa	6'2"	175	Sr.
Offense Wide Receiver	Tyler Boeke	Coon Rapids-Bayard	6'1"	170	Jr.
Offense Lineman	Willie Beeler	Armstrong-Ringsted	5'10"	245	Sr.
Offense Lineman	Cam Lewellen	Stanton	6'0"	240	Sr.
Offense Lineman	Andrew Williams	West Central Community	6'4"	260	Sr.
Offense Quarterback	Chris Palmquist	Stanton	5'11"	175	Sr.
Offense Back	Tyler Tonderum	Armstrong-Ringsted	5'10"	175	Jr.
Offense Back	Alex Whigham	Stanton	6'2"	185	Jr.
Offense Back	Shane Nicholson	Melcher-Dallas	5'10"	165	Sr.
Offense Kicker	Ethan Eisenbacher	Armstrong-Ringsted	6'2"	155	Jr.
Offense Utility	Ridge Christiansen	Armstrong-Ringsted	5'11"	200	Sr.
Defense Lineman	Tyler Betz	Ventura	6'4"	230	Sr.
Defense Lineman	Seth Comly	Adair-Casey	6'0"	205	Sr.
Defense Lineman	Ryan Schroeder	Remsen-Union	5'10"	230	Sr.
Defense Linebacker	Reggie Kock	ArWeVa	6'2"	220	Sr.
Defense Linebacker	Nick Larson	North Sentral Kossuth	5'9"	185	Sr.
Defense Linebacker	Nate Tool	Twin River Valley	5'10"	190	Sr.
Defense Back	Tyler Peterson	Lenox	5'10"	155	Sr.
Defense Back	Grant Focht	Stanton	5'11"	175	Sr.
Defense Punter	Nathan Lee	Woodbine	6'0"	175	Sr.
Defense Utility	Alex Stork	CAM	5'10"	175	Jr.

8-Man Second Team

Offense Wide Receiver	Tyler Wedemeier	West Central Community	6'8"	215	Sr.
Offense Wide Receiver	Alex Cabbage	Stanton	6'3"	190	Sr.
Offense Lineman	Caleb Villareal	North Sentral Kossuth	6'1"	200	Sr.
Offense Lineman	Jason Egan	CWL	6'1"	275	Sr.
Offense Lineman	Matt Mayou	Harris-Lake Park	5'10"	210	Sr.
Offense Quarterback	Johnny Schwaller	Coon Rapids-Bayard	5'7"	150	Sr.

Offense Back	Craig Ditzler	East Union	5'9"	200	Sr.
Offense Back	Caleb Byers	Murray	5'10"	165	Sr.
Offense Back	Trevor Van Scoy	Glidden-Ralston	6'2"	185	Sr.
Offense Kicker	Jacob Esdohr	Coon Rapids-Bayard	5'8"	145	Soph.
Defense Lineman	Jeremy Oltmanns	Stanton	6'3"	190	Sr.
Defense Lineman	Jay Nissen	CWL	6'6"	220	Jr.
Defense Lineman	Lucas Dalton	Lenox	5'7"	150	Soph.
Defense Linebacker	Austin Hughes	Preston	6'0"	200	Jr.
Defense Linebacker	Ben Borlaud	Lenox	6'0"	175	Sr.
Defense Linebacker	Grant McArdle	Stanton	6'2"	190	Sr.
Defense Back	Matt Rowley	Twin Cedars	5'11"	165	Sr.
Defense Back	Jaxson Armstrong	CAM	6'0"	165	Sr.
Defense Punter	Jake Bolton	East Mills	6'2"	190	Sr.

8-Man Third Team

Offense Wide Receiver	Trey Seiser	Northeast Hamilton	6'5"	200	Jr.
Offense Wide Receiver	Alex Bireline	Adair-Casey	6'1"	175	Sr.
Offense Lineman	Kody Kile	East Union	5'10"	220	Jr.
Offense Lineman	Scott Broten	Dunkerton	6'2"	195	Sr.
Offense Lineman	Ryan Kunkel	Remsen-Union	5'10"	225	Sr.
Offense Quarterback	Sean Brandhorst	Central City	5'10"	165	Sr.
Offense Back	Brandon Bell	Lamoni	5'9"	165	Sr.
Offense Back	Levi Peters	Twin River Valley	5'10"	160	Soph.
Offense Back	Ryan Schurke	ArWeVa	5'9"	185	Jr.
Offense Kicker	Michael Ruba	Remsen-Union	6'2"	230	Sr.
Defense Lineman	Clayton Starckovich	Melcher-Dallas	6'0"	235	Sr.
Defense Lineman	Jon Meyers	Coon Rapids-Bayard	6'3"	205	Jr.
Defense Lineman	Craig Tigges	Armstrong-Ringsted	6'3"	175	Jr.
Defense Linebacker	Jake Edmundson	Tri-County	6'0"	175	Sr.
Defense Linebacker	Bo Marley	Janesville	5'9"	210	Sr.
Defense Linebacker	Jake Hoffman	Graettinger-Terril	6'2"	240	Sr.
Defense Back	Mason Nielsen	Central City	6'1"	170	Jr.
Defense Back	Blake Pedersen	North Sentral Kossuth	5'10"	160	Jr.
Defense Punter	Jeremiah Hagen	Ventura	6'3"	225	Sr.